



TEST PROJECT / PROJET D'ÉPREUVE

AESTHETICS ESTHÉTIQUE

POST-SECONDARY /
NIVEAU POSTSECONDAIRE

Welcome to the Skills Canada National Competition (SCNC) 2017.
Congratulations on participating in such an exciting and rewarding competition.

The Body Therapy Treatment and hair removal is completed on a male client.
All other treatments are to be completed on female models. Models will be provided by the host province.

During the competition you will be judged in the following areas:

Professional presentation, technical skills, organizational skills, communication, sanitation and complying with health and safety.

- Advanced Facial Treatment on mature skin with Ultra Sonic (Female client)
- Body Therapy Treatment and Hair Removal (Male client).
- Manicure with nail art on natural nails. (Female client).
- Creative Makeup Application on female model, aged 18 to 25 years

Orientation for competitors and trainers:

Competitors are to bring a copy of the Contest Description, Test Project and any other documents pertaining to the Aesthetics competition.

During the competitor orientation, you will have the opportunity to familiarize yourself with the equipment, products and tools. Competitors and trainers will have the opportunity to ask questions at this time.

Face Mapping Skin Analysis Sheets

Timing for the Advanced Facial test will include consultation and skin analysis⁷. When recording information, explanations must be clear, but brief. Judges may refer to analysis sheets before and throughout the tests.

You will be given a specified time⁷ for each task. Judging is done throughout each task, so you will need to be aware of these CHECK POINTS indicated in your instructions⁵. It is the competitors' responsibility to ensure that judges check the models prior to commencing any treatment.

All tests must be finished within the given time. Other than judging time, no extra time will be granted.

Note: If you are in doubt about any other tools or equipment you wish to use, check with the chair of the National Technical Committee (NTC) prior to the competition date or at orientation.

Essential Skills - ⁵Reading Text, ⁷Thinking (Problem Solving, Job Task Planning and Organization)

SCNC 2017 - Test Project
30 - Aesthetics

Note: Each test must be performed using the provided number of towels.

TEST	NUMBER OF TOWELS NEEDED FOR THE COMPETITION
Facial	1 Large, 8 medium
Manicure	8 medium
Body Therapy Treatment and Hair Removal	4 large; 12 medium
Make up	1 medium

Competitors may choose not to use all towels.

Points will be awarded throughout each test for professionalism and complying with occupational health and safety.

Personal Protective Equipment (PPE) required		
TEST	PPE	UNIFORM
Body Therapy Treatment and Hair Removal	Gloves(vinyl)	Throughout the competition the competitor must wear black uniform of their choice with black closed toed shoes, and black socks
Facial	Finger cots or gloves	
Manicure	N/A	
Make-up application	N/A	

Below are examples of the closed toed shoes, socks and uniform to be provided by the competitor



MARKING SUMMARY

Skill Area	Time	Model	Maximum Mark
Advanced Facial Treatment	3 Hours	Female Model	30
Body Therapy Treatment and Hair Removal	3 Hours	Male Model	30
Manicure with nail art	3 hours	Female Model	20
Makeup Application to Creative Application	3 hours	Female Model	20
TOTAL:	12 Hours		100

Day 1		
Group	AM	PM
A	Advanced Facial Treatment	Manicure with Nail Art
B	Manicure with Nail Art	Advanced Facial Treatment
Schedule		
	8:00 am	Competitors room open
	8:45 am	Daily briefing and review of safety
	9:00 am -12:00 pm Facial /Manicure	AM competition begins
	12:00 – 1:00 pm	LUNCH
	1:30 pm - 4:00 pm Manicure /Facial	PM competition begins
	4:00 pm	Competition ends (approximate time)

Note: This is a tentative schedule. Start and end times may vary.

Day 2

Group	AM	PM
A	Creative Make Up	Body Therapy Treatment and Hair Removal
B	Body Therapy Treatment and Hair Removal	Creative Make Up Application

Schedule

	8:00 am	Competitors room open
	8:45 am	Outline of day and safety
	9:00am -12:00 pm Make Up /Body Therapy Treatment	AM competition begins
	12:00 – 1:00 pm	LUNCH
	1:30 pm - 4:30 pm Makeup / Body Therapy Treatment	PM competition begins
	4:00 pm	Competition ends!

Note: This is a tentative schedule. Start and end times may vary.

Advanced Facial Treatment

Time allotted: 3.0 hours

Model: Female

Maximum mark: 30

Starting time	Group	
9:00 am	A	
1:30 pm	B	
Time	Task	Skill checklist
15 minutes	Pre-services	Treatment area and competitor is prepared and organized.
45 minutes	Installation of model Preliminary and Cleansing steps	<ul style="list-style-type: none"> • Model is greeted and prepared for the service. • Client consultation and skin analysis is performed. Findings recorded. • Product choice is made. • Client's skin is cleansed
20 minutes	Check Point – Break for judging Judges consult with skin care product expert.	
15 minutes	Advanced Facial Treatment is performed	Procedure is performed according to treatment plan and will include the following on the face and Décolleté <ul style="list-style-type: none"> • Exfoliation • Steaming
5 minutes	Check Point – Break for judging	
60 minutes		<ul style="list-style-type: none"> • Massage • Serum Using Electrotherapy (ultrasonic) • Mask • Tone • Moisturize Order of the treatment may vary but must follow a logical sequence.
10 minutes	Check Point – Break for judging	
10 minutes	Model exit and post service clean up	Assist model to exit and treatment area is cleaned.
Final judging		

Manicure Service with Nail Art

Time allotted: 3 hours

Model: Female

Maximum mark: 20

Starting time		Group
9:00 am		B
1:30 pm		A
Time	Task	Skill checklist
10 minutes	Pre-service	Treatment area, competitor and client prepared for treatment.
15 minutes	Remove polish	<ul style="list-style-type: none"> • Correct Polish removed
10 minutes	Check Point - Break for judging	
20 minutes	Filing, cuticle work and buffing	<ul style="list-style-type: none"> • Nails filed, shaped and buffed. Cuticle work performed. No cuticle oil is to be applied to the nails
10 minutes	Check Point - Break for judging	
15 minutes	Exfoliation	Exfoliation is applied to the hands only and removed
10 minutes	Check Point - Break for judging	
15 minutes	Massage and prep	<ul style="list-style-type: none"> • Massage performed on lower arm and hand. • Nails prepped for polish application
10 minutes	Check Point - Break for judging	
40 minutes	Polish and nail art	<ul style="list-style-type: none"> • Free hand polish application. • Nail art performed on all ten fingers duplicating design posted on the web
15 minutes	Check Point - Break for judging	
10 minutes	Model exit and post service - clean up	Assist model to exit and treatment area is cleaned up.
Final judging		

Creative Makeup Application

Time allotted: 3 hours

Model: Female

Maximum mark: 20

Starting time		Group
9:00 am		A
1:30 pm		B
Time	Task	Skill checklist
15 minutes	Pre-service - Set up station and welcome model	Treatment area, esthetician and model are prepared for the service
15 minutes	Prepare skin for makeup application	Cleanses tones and moisturizes skin.
5 minutes	Check Point - Break for judging	Check Point - Break for judging
60 minutes	Bridal makeup application	Esthetician will duplicate the bridal look (posted on the website)
15 minutes	Check Point - Break for judging	
60 minutes	Creative makeup – Las Vegas Showgirl theme	The competitor will display their vision board and create their Las Vegas Showgirl makeup
15 minutes	Check Point - Break for judging	
10 minute	Model exit and post service clean up	Assist model to exit and treatment area is cleaned up.
Final judging		

Body Therapy Treatment and Hair Removal

Time allotted: 3 hours

Model: Male

Maximum mark: 30

Starting time		Group
9:00 am		B
1:30 pm		A
Time	Task	Skill checklist
10 minutes	Pre-service set up	Treatment area and competitor is prepared for Body Treatment.
15 minutes	Model installation, verbal client consultation and preparation.	Model is greeted and therapist offers assistance and care as needed. Model and therapist undergo a consultation to ensure no contra-indications. Model is prepared for treatment with adequate draping to provide comfort, warmth and modesty.
20 minutes	Cleansing and exfoliation	Application and removal of cleanser and exfoliant on the back only
10 minutes	Check Point for judging	
30 minutes	Swedish massage is performed	Swedish massage is performed on the back only. Massage should be flowing rhythmical, consistent, and modified to model's needs and comfort.
10 minutes	Check Point for judging	
20 minutes	Competitor to prepare for lower leg waxing.	Area to be prepared and lower leg area to be cleansed and prepped for waxing service.
5 minutes	Check point for judging	
20 minutes	Front of leg wax including knee	Waxing procedure completed and finishing products applied
10 minutes	Judging checkpoint	

10 minutes	Back of leg wax	Waxing procedure completed and finishing products applied
5 minutes	Judging checkpoint	
15 minutes	Model exit and post service clean up.	

Sponsors and Training Product

Please contact sponsors to purchase product for training purposes.

Advanced Facial Treatment & Body Treatment:

- Dermalogica Canada (www.dermalogica.ca)

Hair Removal:

- TBA

Make up with Creative Design:

- Sheriff Cosmetics (<http://sheriffcosmetics.com>)

Spa Manicure with Nail Art:

- LCN Product (<https://www.lcn.ca>)

It is important for each competitor to check the Skills/Compétences Canada website for the Contest Description and product list information. Check regularly for any changes and follow-up with your advisors (www.skillscanada.com).