



COMMON TABLE LIST / TABLE COMMUNE DES INGRÉDIENTS

COOKING CUISINE

SECONDARY AND POST-SECONDARY /
NIVEAU SECONDAIRE ET POSTSECONDAIRE

All items are subject to availability.

Alcohol
Beer, Fest Bock, Strong
Beer, India Pale Ale
Beer, The Farmery
Brandy, VSOP
Grand Marnier
Port, Ruby
Rum, Dark
Rum, White
Scotch, Single Malt
Vermouth, Red, Sweet
Vermouth, White, Dry
Wine, Red, Cabernet Sauvignon
Wine, Red, De-Alcoholised
Wine, Red, Merlot
Wine, White, Chardonnay
Wine, White, De-Alcoholised
Wine, White, Riesling
Dairy
Butter, Salted
Butter, Unsalted
Cheese, Cream
Cheese, Gruyere
Cheese, Parmesan
Cheese, Ricotta
Cream, 35%
Eggs
Milk, Homogenised, 3.5%
Sour Cream
Dry Goods
Agar Agar
Baking Powder
Baking Soda
Beans, Garbanzo, Cooked
Beans, White, (soaked overnight)
Bulgar
Chocolate, Dark, Callebaut 811 (53.7%)
Chocolate, Dark, Coating
Chocolate, Milk, Callebaut 823 (33.6%)
Chocolate, White, Callebaut,w2nv (28%)
Chocolate, White, Coating
Cocoa Powder
Coconut, Grated, Sweetened
Corn Starch
Cous Cous
Flour, Baking, (Strong)
Flour, Cake
Flour, Pastry

Flour, Semolina
Gelatine, Leaves
Gelatine, Powder
Glucose
Honey
Maple Syrup
Mustard, Dijon
Nuts, Almond, Ground
Nuts, Hazelnuts, Whole
Nuts, Walnut Halves
Oil, Canola
Oil, Olive, Extra Virgin
Quinoa
Rice, Wild, #1, Whole Grain, Long Grain
Sesame Seeds, Black
Sesame Seeds, White
Soya Sauce
Sugar, Brown
Sugar, Granulated, White
Sugar, Icing
Sugar, Isomalt
Tabasco Sauce
Tea, Green
Tomato Paste
Vanilla, Bean
Vanilla, Pure, Dark
Vinegar, Balsamic
Vinegar, Cider
Vinegar, White
Worcestershire Sauce
Xanthan Gum 93
Yeast, Dry, Instant
Frozen Items
Blackberries, IQF
Blueberries, IQF
Pastry, Filo
Pastry, Puff
Puree, Mango
Puree, Passion Fruit
Puree, Raspberry
Puree, Strawberry
Raspberries, IQF
Strawberries, IQF
Wonton Skins
Herbs – Fresh
Basil
Chives
Cilantro
Dill

Mint
Oregano
Parsley
Rosemary
Tarragon
Thyme

Miscellaneous
Aluminum Foil
Bread, White, Sliced
Butcher's Twine
Cheesecloth
Cling Film
Oak Chips
Mystery Dried Fruit – Apples*
Mystery Dried Fruit – Apricots*
Mystery Dried Fruit – Cherries*
Mystery Dried Fruit – Figs*
Mystery Dried Fruit – Raisins*
*- NTC to choose from one of the above
Pan Spray
Parchment Paper
Produce – Fruit
Apples, Gala
Blackberries
Blueberries
Kiwi
Lemons
Limes
Mango
Oranges
Pears, Bosc
Pineapple
Raspberries
Strawberries
Produce – Vegetables
Asparagus, Green
Beans, French
Beets, Baby Red, Stem on
Broccoli
Cabbage, Red
Carrots
Cauliflower
Celeriac (Celery Root)
Celery
Fennel
Garlic Bulb
Ginger Root
Leeks
Lemon Grass

Mushrooms, Shiitake
Mushrooms, White Button
Mystery Vegetable* - NTC to choose
Onions, Spanish
Parsnips
Peppers, Green
Peppers, Red
Peppers, Yellow
Potato, Mini Golden
Potato, Mini Red
Potato, Russet 100ct
Potato, Sweet
Potato, Yukon Gold
Shallots. Peeled
Spinach, Baby
Tomato, Roma
Vegetable, Mystery
Yams
Proteins & Stocks
Bacon, Smoked, Slab
Mystery Shellfish – Crab*
Mystery Shellfish – Lobster-Live*
Mystery Shellfish – Shrimp*
Mystery Fin Fish
*- NTC to choose from one of the above
Nanook, Smoked, Sliced
Stock, Salmon – Atlantic-Fresh - skinned
Stock, Brown, Veal
Stock, White, Chicken
Stock, White, Fish
Tenderloins, Beef, Fresh
Spices - Dry
Allspice
Bay Leaves
Cinnamon, Ground
Cinnamon, Stick
Curry Powder
Ginger, Ground
Nutmeg, Whole
Onion Powder
Oregano, Dried
Paprika, Hungarian
Pepper, Cayenne
Peppercorns, Black
Peppercorns, White
Salt, Kosher
Salt, Maldon Sea
Salt, Table
Thyme
Turmeric