



2018

SCNC

SKILLS CANADA
NATIONAL COMPETITION

OCMT

OLYMPIADES CANADIENNES
DES MÉTIERS ET
DES TECHNOLOGIES



skillsCompétences
Canada
Edmonton2018

CONTEST DESCRIPTION / DESCRIPTION DE CONCOURS

AESTHETICS ESTHÉTIQUE

POST- SECONDARY /
NIVEAUX SECONDAIRE



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1 THE ESSENTIAL SKILLS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

SCC is currently working with Employment and Social Development Canada (ESDC) in order to bring awareness to the importance of Essential Skills that are absolutely crucial for success in the workforce. Part of this ongoing initiative requires the integration and identification of Essential Skills in contest descriptions, projects, and project documents. The next phase and very important aspect of our Essential Skills (ES) initiative is to provide an ES report card to each competitor at the Skills Canada National Competition. The purpose of the ES report card is to inform the competitor about their current level of essential skills based on their competition scores. With this knowledge, the competitor will be made aware which essential skill may require improvement. Full implementation is expected in the next Skills Canada National Competition.

The following 9 skills have been identified and validated as key essential skills for the workplace in the legend below:

¹Numeracy, ²Oral Communication, ³Working with Others, ⁴Continuous Learning, ⁵Reading Text, ⁶Writing, ⁷Thinking, ⁸Document Use, ⁹Digital

These essential skills have been identified with in section 2.3 and/or 3.2 of your Contest Description. The top three Essential Skills for your area of competition have been identified on your Project and all other supporting project documents.

2 CONTEST INTRODUCTION

2.1 Description of the associated work role(s) or occupation(s).

<http://skillscompetencescanada.com/en/careers/services/beauty-therapy/>

2.2 Purpose of the Challenge.

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

2.3 Duration of contest.

12 hours

2.4 Skills and Knowledge to be tested.

- **Advanced Facial**
The competitor will demonstrate an advanced facial using the sponsor's products and machines
- **Manicure with nail art**
The competitor will demonstrate a manicure using Sponsor's products and will duplicate the nail art.⁸
- **Body Therapy Treatment - Pedicure**
The competitor will demonstrate knowledge and understanding of a pedicure to be completed on a massage table. The procedure will include soaking, foot care, nail care, lower leg and foot massage, and polish application to all ten toes.
- **Creative Makeup with Complimentary Nail Art**
The competitor will create a creative makeup look with a Russian theme and display their 12x16 vision board according to their creative theme (Russia) and create nail art on the right hand only using full nail extensions to complement the Russian makeup theme.

Essential Skills – ⁷Thinking (Problem solving, Job task planning and Organizing), ⁸Document Use

3 CONTEST DESCRIPTION

3.1 List of documents produced and timeline for when competitors have access to the documents.

DOCUMENT	DATE OF DISTRIBUTION VIA WEBSITE
Test Project	January, 2018
Manicure nail art design	January, 2018
Product list for all product supplied	January, 2018
Make up Design	January, 2018

3.2 Tasks that will be performed during the contest:

Manicure with Nail Art

- Objectives: Perform a manicure which includes, nail shaping, cuticle work, hand exfoliation, arm and hand massage, and application of nail lacquers. Nail art to be applied according to Test Project posted on SCC website.^{5,8}

Note: Nail art must be free hand using only the nail art brushes and dotter supplied by the Sponsor. Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tool will not be allowed. Nail art brushes may not be adjusted in any way.

Body Therapy Treatment - Pedicure

Objectives: To complete a basic pedicure and polish application on a massage bed.

Creative Makeup with Complimentary Nail Art (Russian theme)

- Objectives: Creative makeup application to the full face and creation of complimentary nail art according to the Russian theme and vision board (12x16)⁷
- Decoration items (gems, glitter, headpiece, jewellery, etc.) may be used, but only to accent the design and cannot be the main focus. After the judging, the competitors will create their fantasy nail art on the right hand only, using full nail extensions, to complement the Russian makeup theme.

Advanced Facial with Electrotherapy

- Objectives: Perform an advanced facial treatment using electrotherapy that meets the needs of the client's skin. The skin must be analyzed, findings recorded on the provided technical chart and the facial must be based on that analysis. *This will be part of the essential skills component.⁷

Note: It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines (refer to 4.1) to be used during the competition.

*Essential Skills – ⁵Reading Text, ⁷Thinking (Job Task Planning & Organizing, Decision Making),
⁸Document Use*

4 EQUIPMENT, MATERIAL, CLOTHING

4.1 Equipment and material provided by Skills/Compétences Canada (SCC)

- All equipment and apparatus for the treatments will be supplied by SCC
- All products for facial will be supplied by Pro Beauty Group (Cara Skin Care)
- Foundation, concealer, colour corrector, primer, highlighting, contouring, and translucent powder will be supplied by Sheriff Cosmetics
- Nail products will be supplied by LCN (for manicure and pedicure portions only)
- Sponsor Educator Information
- Small garbage cans and bags
- Window cleaner
- Cleaning products
- Hand soap
- Paper towels
- Makeup chair
- Aesthetics beds (massage table)
- Trolleys (3 shelves)
- Step stools
- Bt-Nano device
- Bt-Vision head lamp
- Manicure tables
- Chairs with back
- White Towels, (3) large and (23) medium
- Nail Art tools
- Gibson Towels

4.2 Equipment and material provided by the competitor

- Kleenex
- Tweezers
- 1 stainless steel bowls (for facial)
- 1 stainless steel pedicure basin
- 1 flexi bowl
- Facial mask brushes
- Hookneck water bottle or small water jug
- Nail glue
- Long stiletto pointy artificial half cover nail tips, sizes 0-9, minimum extension length of 3.8 to 5 cm (opaque, natural, or clear only - NO COLOUR TIPS ALLOWED)
- Q-tips
- Facial gown or wrap (2) white
- Facial robe (2) white
- Slippers (2) sets
- Head band (2) white

- Manicure and pedicure implements for nail care: only cuticle nippers, nail cutter, toe nail cutter, nail scissors, buffer, finger soaking bowl, orangewood stick, spatulas, foot file, and steel pusher.
- Nail art supplies for creative nail art aspect
- Disposable Emery board for natural nails
- Note: Nails stones are not allowed
- Makeup brushes (all brushes applicators)
- Makeup products for creative makeup look
- False strip eyelashes and glue
- Makeup sponges
- Scissors for lashes
- Make-up Palette to dispense make-up
- Hair clip or headband (for keeping model's hair secure during make up application)
- Long, black, make up drape for client with no visible logo (to the knee)
- Disposable mascara wands
- Spatulas (for cream, mask, makeup products, etc.)
- Dispensing bowls for all treatments
- Hand sanitizer and disinfecting agents for surfaces, tools and implements
- Facial gauze
- Gloves (non-latex only)
- Finger cots
- Gauze
- Cotton rounds
- Dust mask (Facial protective mask)
- Clipboard
- Pens and pencils
- Competitors must bring a copy of the Contest Description, Test Project and all other documents pertaining to the Aesthetics competition.
- Vision board (12" x 16" dimensions only)
- Blankets (2)
- White flat sheets (2)
- White fitted sheet (2)

4.3 Required clothing provided by the competitor.

- Uniform (see test project)
- Black non-slip, flat or low heel, closed toed shoes with no laces
- Black socks must be worn
- No jewellery which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy and tied back, off the collar and face
- Competitor must have short, natural nails. No nail extensions, or recent removal of. No nail varnish or coverings.

5 SAFETY REQUIREMENTS

5.1 Safety workshop

Upon arrival at the Skill area, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

5.2 List of required personal protective equipment (PPE) provided by competitors and used as needed.

- Closed toed non-slip shoes
- Protective mask
- Non-latex gloves
- Finger cots

6 ASSESSMENT

6.1 Point breakdown

POINT BREAKDOWN	/100
Manicure with nail art	20
Creative Makeup with Complimentary Nail Art Design	30
Body Therapy Treatment - Pedicure	20
Advanced Facial	30

7 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
Infrastructure	<ul style="list-style-type: none"> • Competitors are not allowed to bring or use facial sponges • Competitors must get approval from the National Technical Committee to bring any other equipment or material that is not listed on point 4.2. Please contact the Skills/Compétences Canada national secretariat for approval.
Projects	<ul style="list-style-type: none"> • Competitors are not allowed to make corrections during polishing for both (Manicure with Nail Art project and Body Treatment – Pedicure)

8 ADDITIONAL INFORMATION

8.1 Consecutive translation

If consecutive translation is required on site, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1 month prior to the competition or this service might not be guaranteed.

8.2 Tie (No ties are allowed)

In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner. In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment - Pedicure criteria will be declared the winner. If a tie still remains, the competitor with the highest score in the Creative Makeup with Complimentary Nail Art criteria will be declared the winner.

8.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

8.4 Competition rules

Please refer to the [competition rules](#) of the Skills Canada National Competition.

9 NATIONAL TECHNICAL COMMITTEE MEMBERS

Member Organization	Name
Manitoba	Lucie Laurin
Ontario	Diana Boboti-Senis
Québec	Maryse Bureau
New Brunswick	Gisele Fougere
Prince Edward Island	Stephanie Mitzuk
Newfoundland and Labrador	Debbie Banfield
Alberta - Chair	Audrey Eastham
Nova Scotia	Jane Stronach
Saskatchewan	Siobhan Loos
British Columbia	Louise Danhauer

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Marilou Leduc (mariloul@skillscanada.com).