

Secondary Competencies & Menu Elements – Day 1

Course	Elements that Appear on the Plate
Vegetable Precision Cuts	
Omelette with salad and dressing	

Descriptive Menu – Day 1

Omelette

Menu Elements – Day 2

Course	Elements that Appear on the Plate
Main Course – Shrimp Stirfry	
Dessert – Rhubarb Tart	

Descriptive Menu – Day 2

Main Course
Dessert