



CONTEST DESCRIPTION

## **Aesthetics**

POST-SECONDARY

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## 1 THE ESSENTIAL SKILLS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

SCC is currently working with Employment and Social Development Canada (ESDC) in order to bring awareness to the importance of Essential Skills that are absolutely crucial for success in the workforce. Part of this ongoing initiative requires the integration and identification of Essential Skills in contest descriptions, projects, and project documents. The next phase and very important aspect of our Essential Skills (ES) initiative is to provide an ES report card to each competitor at the Skills Canada National Competition. The purpose of the ES report card is to inform the competitor about their current level of essential skills based on their competition scores. With this knowledge, the competitor will be made aware which essential skill may require improvement. Full implementation is expected in the next Skills Canada National Competition.

The following 9 skills have been identified and validated as key essential skills for the workplace in the legend below:

<sup>1</sup>Numeracy, <sup>2</sup>Oral Communication, <sup>3</sup>Working with Others, <sup>4</sup>Continuous Learning, <sup>5</sup>Reading Text, <sup>6</sup>Writing, <sup>7</sup>Thinking, <sup>8</sup>Document Use, <sup>9</sup>Digital.

These essential skills have been identified in section 2.4 and/or 3.2 of your Contest Description and if applicable, in your Project and all other supporting project documents.

## 2 CONTEST INTRODUCTION

### 2.1 Description of the associated work role(s) or occupation(s).

<http://skillscompetencescanada.com/en/careers/services/beauty-therapy/>

### 2.2 Purpose of the Challenge.

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

### 2.3 Duration of contest.

12 hours

### 2.4 Skills and Knowledge to be tested.

- Mini Facial & Bridal make-up

The competitor will demonstrate a mini facial using the sponsor's products followed by the application of bridal make – up; including foundation with corrective work,

blush, highlighting & contouring, blended eye shadows, defined eyebrows, eye liner, lip liner and red lipstick<sup>7</sup>

- Manicure, with nail art and a complementary design to the right forearm and hand  
The competitor will demonstrate a manicure using Sponsor's products and will duplicate the nail art, incorporate forearm and hand design complementing the nail art design. This is done with a permanent polish; any medium can be used for the hand and arm design. (LED lamp will be provided)<sup>8</sup>
- Body Therapy Treatment  
The competitor will demonstrate knowledge and understanding of a body treatment including cleansing, exfoliation, hot stone massage, and underarm hair removal with hard wax.<sup>7</sup>
- Creative Makeup  
The competitor will demonstrate a creative makeup look with a Shanghai theme. The creative makeup will be included on the face, neck and decollete of the model. The Shanghai theme will be displayed on their 12x16 vision board.

*Essential Skills – <sup>7</sup>Thinking (Problem Solving, Job task planning and Organizing, Significant use of Memory), <sup>8</sup>Document Use*

### 3 CONTEST DESCRIPTION

#### 3.1 List of documents produced and timeline for when competitors have access to the documents.

| DOCUMENT                              | DATE OF DISTRIBUTION VIA WEBSITE |
|---------------------------------------|----------------------------------|
| Test Project                          | November 2020                    |
| Manicure nail art design              | November 2020                    |
| Product list for all product supplied | November 2020                    |

#### 3.2 Tasks that will be performed during the contest:

- Manicure with Nail Art and a complementary design to the right forearm and hand  
Objectives: Perform a manicure which includes, nail shaping, cuticle work, hand exfoliation, arm and hand massage, and application of permanent polish. Nail art to be applied according to Test Project posted on SCC website.<sup>5</sup> and a complementary design to the right forearm and hand.<sup>8</sup>  
**Note:** Nail art must be free hand using only the nail art brushes and dotter supplied by the Sponsor. Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tool will not be allowed. Nail art brushes may not be adjusted in any way. Any product can be used for the forearm and hand design.
- Body Therapy Treatment with Hair Removal on Underarm  
Objectives: The competitor, along with the model, will verbally discuss the model release form, and record findings on the provided form.<sup>2,8</sup> The competitor will perform an underarm wax using hard wax, a back cleanse and exfoliation and a 30

minute Hot Stone massage to the front of the body, front of legs, feet, hands, arms and décolleté.<sup>7</sup>

- Creative Makeup with Complimentary Nail Art (Shanghai theme)  
Objectives: Creative makeup application to the full face, neck and decollete and creation of vision board according to the Shanghai theme(12x16)<sup>7</sup>  
Decoration items (gems, glitter, headpiece, jewellery, etc.) may be used, but only to accent the design and cannot be the main focus.
- Mini Facial and Bridal makeup  
Objectives: Perform a mini facial. The skin must be analyzed, findings recorded on the provided technical chart and the facial must be based on that analysis. \*This will be part of the essential skills component.<sup>7</sup> Followed by the application of bridal make – up; including foundation with corrective work, blush, highlighting & contouring, blended eye shadows, defined eyebrows, eye liner, lip liner and red lipstick.

**Note:** It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines (refer to 4.1) to be used during the competition.

*Essential Skills – <sup>5</sup>Reading Text, <sup>7</sup>Thinking (Job Task Planning & Organizing, Decision Making),  
<sup>8</sup>Document Use*

## 4 EQUIPMENT, MATERIAL, CLOTHING

### 4.1 Equipment and material provided by Skills/Compétences Canada (SCC)

- All equipment and apparatus for the treatments will be supplied by SCC
- All products for facial will be supplied by Pro Beauty Group (Cara Skin Care), TBD
- Foundation, concealer, colour corrector, primer, highlighting, contouring, and translucent powder will be supplied by (to be announced)
- Nail products will be supplied by **Pro Beauty** (for manicure only), TBD
- Sponsor Educator Information
- Small garbage cans and bags
- Window cleaner
- Cleaning products
- Hand soap
- Paper towels
- Makeup chair
- Aesthetics beds
- Trolleys (3 shelves)
- Step stools
- High frequency machine
- Steamers

- Manicure tables
- Chairs with back
- White Towels, (3) large and (23) medium
- Nail Art tools
- Gibson Towels
- Nail glue
- Facial gown or wrap (2) white
- Facial gauze
- Gloves (non-latex only)
- 1 stainless steel bowls (for facial)
- Q-tips
- Hard wax & wax pots
- Pre/Post wax product
- Magnifying lamps
- Hot towel caddy
- Hard wax & wax pots
- Pre/Post wax product
- Magnifying lamps
- Hot towel caddy
- Clipboard
- Pens/pencils
- Cotton rounds
- Table examination paper
- Wax pot rings

#### **4.2 Equipment and material provided by the competitor**

##### **Facial:**

- Kleenex
- Tweezers
- 1 flexi bowl
- Facial mask brushes
- Hookneck water bottle or small water jug
- Slippers (2) sets
- Head band (2) white

**Manicure:**

- Manicure implements for nail care: only cuticle nippers, nail cutter, nail scissors, buffer, finger soaking bowl, orangewood stick, spatulas, and steel pusher.
- Disposable Emery board for natural nails

**Note:** Nails stones are not allowed to push back cuticles

**Make-up:**

- Makeup brushes (all brushes applicators)
- Makeup products for creative makeup look
- False strip eyelashes and glue
- Makeup sponges
- Scissors for lashes
- Make-up Palette to dispense make-up
- Hair clip or headband (for keeping model's hair secure during make up application)
- Long, black, make up drape for client with no visible logo (to the knee)
- Disposable mascara wands

**Body Treatment:**

- 4x4 gauze
- Slippers
- Stainless steel bowl
- Kleenex
- Dispensing bowls
- Gloves
- Tweezers

**Miscellaneous:**

- Spatulas (for cream, mask, makeup products, etc.)
- Dispensing bowls for all treatments
- Hand sanitizer and disinfecting agents for surfaces, tools and implements
- Gloves (non-latex only)
- Finger cots
- Gauze
- Cotton rounds
- Dust mask (Facial protective mask)
- **Competitors** must bring a copy of the **Contest Description**, Test Project and all other documents pertaining to the Aesthetics competition.
- Vision board (12" x 16" dimensions only)

**COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCC. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.**



#### 4.3 Required clothing provided by the competitor.

- Uniform (see test project) no leggings or yoga pant styles allowed, all black
- Black non-slip, flat or low heel, closed toed shoes with no laces
- Black socks must be worn
- No jewellery which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy and tied back, off the collar and face
- Competitor must have short, natural nails. No nail extensions, or recent removal of. No nail varnish or coverings.

### 5 SAFETY REQUIREMENTS

#### 5.1 Safety workshop

Upon arrival at the Skill area, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

#### 5.2 List of required personal protective equipment (PPE) provided by competitors and used as needed.

- Closed toed non-slip shoes
- Protective mask
- Non-latex gloves
- Finger cots

### 6 ASSESSMENT

#### 6.1 Point breakdown

| POINT BREAKDOWN                 | /100 |
|---------------------------------|------|
| Manicure with nail art          | 20   |
| Creative Makeup                 | 20   |
| Body Therapy Treatment & waxing | 30   |
| Mini Facial with Bridal make up | 30   |



## 7 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during competitor orientation.

| TOPIC/TASK     | CONTEST SPECIFIC RULE   |
|----------------|---|
| Infrastructure | Competitors are not allowed to bring or use facial sponges<br>Competitors must get approval from the National Technical Committee to bring any other equipment or material that is not listed on point 4.2. Please contact the Skills/Compétences Canada national secretariat for approval. |
| Projects       | Competitors are not allowed to make corrections during polishing for both (Manicure with Nail Art project)  |

## 8 ADDITIONAL INFORMATION

### 8.1 Interpreter

If a competitor requires the help of an interpreter once onsite during the competition, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1 month prior to the competition or this service might not be guaranteed.

### 8.2 Ties

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Mini Facial with Bridal make up criteria will be declared the winner.
- Tiebreaker #2: In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment - criteria will be declared the winner.
- Tiebreaker #3: If a tie still remains, the competitor with the highest score in the Creative Makeup with Complimentary Nail Art criteria will be declared the winner.

### 8.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

### 8.4 Competition rules

Refer to the competition rules of the Skills Canada National Competition which can be found on our website.

## 9 NATIONAL TECHNICAL COMMITTEE MEMBERS

| Member Organization         | Name               |
|-----------------------------|--------------------|
| Manitoba                    | Evelyn Pollard     |
| Ontario                     | Diana Boboti-Senis |
| Québec – Chair              | Maryse Bureau      |
| New Brunswick               | Monica McGraw      |
| Prince Edward Island        | Stephanie Mitsuk   |
| Alberta                     | Kaitlyn Green      |
| Nova Scotia                 | Judy Antonello     |
| Saskatchewan                | Leanne Brown       |
| British Columbia – Co-Chair | Louise Dannhauer   |

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Nathalie Maisonneuve ([nathaliem@skillscanada.com](mailto:nathaliem@skillscanada.com)).