



PROJECT
Aesthetics
POST-SECONDARY

WELCOME TO THE 2021 NATIONAL AESTHETICS COMPETITION

Congratulations on participating in such an exciting and rewarding competition.

Models for all competitions will be provided by the host province.

During the competition you will be judged in the following areas:

Professional presentation, technical skills, organizational skills, communication, product knowledge & control, sanitation and complying with health and safety.

- Mini Facial & Bridal make-up (Female model)
- Body Therapy Treatment with Underarm Waxing- (Female model).
- Manicure, with Nail art and Complementary Hand/Arm Design hand. (Female model).
- Creative Makeup (Female model)

Orientation for competitors:

Competitors are to bring a copy of the Contest Description, Project and any other documents pertaining to the Aesthetics competition.

During the competitor orientation, you will have the opportunity to familiarize yourself with the equipment, products and tools. Competitors will have the opportunity to ask questions at this time.

Mini Facial & Bridal make-up

The competitor will demonstrate a mini facial using the sponsor's products followed by the application of bridal make – up; including foundation with corrective work, blush, highlighting & contouring, blended eye shadows, defined eyebrows, eyeliner, lip liner and red lipstick

Manicure, with Nail Art and Complementary Hand/Arm design

The competitor will demonstrate a manicure using the Sponsor's LCN products and will duplicate the step by step nail art, as shown on the skills website. The competitor must incorporate the right hand/arm design complementing the nail art design. The polish and nail art are done with LCN gel polish; (LED lamp will be provided)

The competitor can use any medium for the hand and arm design and is responsible to bring their own supplies for this design. Nail art must be free hand using only nail art

brush (supplied by LCN will be provided). Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tools will not be allowed.

Creative Makeup

The competitor will demonstrate a creative makeup look with a Shanghai theme. The creative makeup will be included on the face, neck and décolletage of the model. The Shanghai theme will be displayed on their 12x16 vision board.

Body Therapy Treatment

The competitor will demonstrate knowledge and understanding of a body treatment including cleansing, exfoliation, hot stone massage, and underarm hair removal with hard wax.

Tasks and Checkpoints:

You will be given a specified time for each task. Judging is done throughout each task, so you will need to be aware of these CHECK POINTS indicated in your instructions. It is the competitors' responsibility to ensure that judges check the models prior to commencing any treatment.

All tests must be finished within the given time. Other than judging time, no extra time will be granted.

Note: If you are in doubt about any other tools or equipment you wish to use, check with the chair of the committee prior to the competition date or at orientation.

Note: Each test must be performed using the provided number of towels.

TEST	NUMBER OF TOWELS NEEDED FOR THE COMPETITION
Mini Facial & Bridal makeup	8 medium and 1 Large
Manicure with Nail Art and Complementary Hand/Arm Design	6 medium
Body Therapy Treatment	6 medium 2 Large
Creative Makeup	2 medium

*Competitors may choose not to use all towels.

Points will be awarded throughout each test for professionalism and complying with occupational health and safety.

Personal Protective Equipment (PPE) required		
TEST	PPE	UNIFORM
Body Therapy Treatment	Gloves(optional),	Throughout the competition the competitor must wear black uniform of their choice with black closed toed shoes, and black socks
Mini Facial& Bridal Makeup	Fingercots or gloves (optional)	
Manicure with Nail Art and Complementary Hand/Arm Design	Dust/protective facial mask (optional)	
Creative Makeup	N/A	

Below are examples of the closed toed shoes, socks and uniform to be provided by the competitor



MARKING SUMMARY

Skill Area	Time	Model	Maximum Mark
Mini Facial & Bridal Makeup	3 Hours	Female Model	30
Body Therapy Treatment	3 Hours	Female Model	30
Manicure with Nail Art and Complementary Hand/Arm Design	3 hours	Female Model	20
Creative Makeup	3 hours	Female Model	20
TOTAL:	12 Hours		100

Day 1			
Group	AM		PM
A	Mini Facial with Bridal Make-up		Manicure with Nail Art & Design
B	Manicure with Nail Art and Complementary Hand/Arm Design		Mini Facial with Bridal Make-up
Schedule			
8:00 am	Competitors room open		
8:45 am	Daily briefing and review of safety		
9:00am - 12:00 pm	AM competition begins		
12:15 – 1:15 pm	LUNCH		
1:30 pm - 4:30 pm	PM competition begins		
4:30 pm	Competition ends		

Note: This is a tentative schedule. Start and end times may vary.

Day 2			
Group	AM		PM
A	Creative Make Up		BodyTherapy Treatment with Underarm Wax
B	BodyTherapy Treatment with Underarm Wax		Creative Make up
Schedule			
8:00 am	Competitors room open		
8:45 am	Outline of day and safety		
9:00am -12:00 pm	AM competition begins		
12:15 – 1:15 pm	LUNCH		
1:30 pm - 4:30 pm	PM competition begins		
4:30 pm	Competition ends!		

Note: This is a tentative schedule. Start and end times may vary.

Mini Facial Treatment with Bridal Make-up

Time allotted: 3.0 hours

Model: Female

Maximum mark: 30

- **No High Frequency or Vapazone will be used/needed for the facial competition**
- **Robes and flat sheets will be provided**

Starting time	Group	
9:00 am	A	
1:30 pm	B	
Time	Task	Skill checklist
10 minutes	Pre-services	Treatment area and competitor is prepared and organized.
10 minutes	Installation of model. Preliminary skin analysis	Model is greeted and prepared for the service. Model hair is protected Client consultation and preliminary skin analysis is performed
5 minutes	Check Point – Break for judging. Checking model preparation.	
15 minutes	Eye & lip make up removal. Cleansing steps and skin analysis performed.	Product choices made- Eye and Lip makeup removed leaving no residue First cleanse performed followed by skin analysis with magnifying lamp. Findings

		recorded on provided skin analysis forms.
5 minutes	<p>Check Point – Break for judging.</p> <p>Judges to review analysis forms and compare findings to models skin.</p>	
10 minutes	Exfoliation performed	<p>Procedure is performed according to plan and must include the following; face, neck decollate.</p> <p>Removal of exfoliant.</p> <p>Toning of the skin</p>
5 minutes	Check Point – Break for judging.	
20 minutes	<p>Mask Application</p> <p>Massage</p> <p>Mask Removal</p>	<p>Application of clay/mud mask to face neck to the collar bone</p> <p>Massage of décolleté, shoulders and upper arms. Movements must demonstrate effleurage, tapotement, and petrissage for a minimum of 5 minutes.</p> <p>Mask must be left on for 10 minutes</p> <p>Complete removal of mask</p> <p>Tone the skin</p>

5 minutes	<p>checkpoint</p> <p>Judges to check correct application of mask.</p>	
5 minutes	Application of finishing products.	<p>Apply eye cream, moisturizer.</p> <p>Order of treatment may vary but be in logical sequence. Individual application of each product must be demonstrated.</p>
15 minutes	Model exit and post service clean up.	<p>Assist model to waiting area</p> <p>Set up for makeup and preliminary cleanup of facial station.</p>
5 minutes	Judge point for set up and cleanup	
45 minutes	Bridal Makeup	Bridal makeup – must include, foundation, skin correction, highlight, contour, blush, eyeshadow, eyeliner, mascara, lip liner and red lipstick
5 minutes	Check point for judging	
15 minutes	Model exit and post service clean up.	<p>Assist model to change room to collect their belongings, and exit.</p> <p>Full makeup and facial station post clean up</p>
5 minutes	Final Judging	

Manicure with Nail Art and Complementary Hand/Arm Design

Time allotted: 3 hours

Model: Female

Maximum mark: 20

ng time		
9:00 am	B	
1:30 pm	A	
Time	Task	Skill checklist
10 minutes	Pre-service and model installation	Treatment area prepared. Model prepared for service Consultation is performed using the supplied form.
10 minutes	Remove polish	Red polish removed from all 10 fingers without staining skin of model or competitor. (if the competitor is wearing gloves, gloves should also not be stained, and left on for judging).
5 minutes	Check Point - Break for judging	
30 minutes	Dry manicure application, filing, cuticle work, buffing and prep	Nails filed, shaped. Cuticle work performed. Nails are buffed, no shine on nail bed.
	Exfoliation of hands and forearm	Exfoliation of hands, taken off with hot towels.

	preparation for gel polish application	Nails are clean, dehydrated and prepared for gel polish application
10 minutes	Check Point - Break for judging	
45 minutes	Polish and nail art	<p>el base coat application to all ten gers</p> <p>ee hand gel polish application (no er tools to be used other than the es provided by LCN)</p> <p>il art performed on all ten fingers owing exact steps as pictured on lls website. Gel topcoat application all ten fingers. No oil to be used</p>
10 minutes	Check Point - Break for judging	
15 minutes	Massage lower arm and hand	<p>Massage performed on lower arm and hand for 10 minutes. Massage to demonstrate classical movement:</p> <p>effleurage, petrissage, tapotement and passive joint movements.</p> <p>Excessive products removed from models' nails, arm and hand using a dry towel or gauze.</p>
5 minutes	Check Point - Break for judging	
15 minutes	Complementary design to the right forearm and hand.	The design must be complementary to the nail art. Right hand and arm.

5 minutes	Check Point - Break for judging	
10 minutes	Model exit and post service - clean up	Assist model to exit and treatment area is cleaned up and disinfected.
10 minutes	Final Judging	

Creative Makeup Application

Time allotted: 3 hours

Model: Female

Maximum mark: 30

Starting time		
9:00 am	A	
1:30 pm	B	
Time	Task	Skill checklist
15 minutes	Pre-service - Set up station for makeup and welcome model	Treatment area, competitor and model are prepared for the service. Vision board to be displayed at station.
5 minutes	Checkpoint for Judging	
20 minutes	Prepare the skin for makeup Apply base makeup application	Cleanse, tone & moisturize the skin. Apply a foundation to the skin (This will be the base to the fantasy makeup theme)
10 minutes	Checkpoint for Judging	
35 minutes	Fantasy makeup application to the eyes and lips	Begin the fantasy makeup on the eye and lip area.

		<p>Eyes must include eye liner, mascara, strip lashes, brow definition, and creative eye area design</p> <p>Lip must include lip liner and lip stick (no gloss or shimmer at this stage)</p>
10 minutes	Checkpoint for Judging	
55 minutes	Fantasy makeup application to the face including the neck and décolleté	<p>Creative makeup application to the face, neck and décolleté.</p> <p>Creative makeup according to the Shanghai theme and the theme/s represented on the vision board</p> <p>Design will show correct technique in each segment of the application.</p> <p>Correct tools are used for specific makeups. Hygienic practices are observed throughout the application</p> <p>Makeup application is correct for the chosen theme, demonstrating creativity and ability.</p> <p>Time should be used effectively to present a completed look.</p>
10 minutes	Checkpoint for Judging	
10 minutes	Model exit and post service clean up	Assist model to exit and treatment area is cleaned up.

10 minutes

Final Judging

Body Therapy Treatment and Underarm Wax

Time allotted: 3 hours

Model: Female

Maximum mark: 20

Starting time		
9:00 am	A	
1:30 pm	B	
Time	Task	Skill checklist
10 minutes	Pre-service set up	Treatment area and competitor prepared for hard waxing and body treatment
15 minutes	Model installation, client consultation and preparation.	<p>Model is greeted and therapist offers assistance and care as needed.</p> <p>A written consultation is completed to ensure no contraindications.</p> <p>Model is prepared for treatment (waxing and body treatment) with adequate draping to provide comfort, warmth and modesty</p>
5 minutes	<p>Judging check point.</p> <p>Judges will assess consultation forms and findings</p>	

25 minutes	Competitor to prepare underarm, wax, tweeze and apply post waxing product.	<p>Underarm area to be cleansed and prepped for hard waxing service.</p> <p>Test wax temperature.</p> <p>Waxing procedure completed on both underarms.</p> <p>Correct tweezing technique is demonstrated as needed.</p> <p>(make judges aware of when they are ready to tweeze by raising their hand).</p> <p>Finishing products applied.</p>
10 minutes	Checkpoint for Judging	
20 minutes	Competitor will prepare and install model for back scrub treatment.	<p>Application and removal of cleanser.</p> <p>Application and removal of scrub.</p> <p>Removal of cleanser and scrub using a maximum of 4 wet towels ONLY (no gauze allowed for removal). There should be no scrub residue left on back</p>
10 minutes	Checkpoint for judging	
50 minutes	Hot stone massage performed	<p>Competitor will test temperature of stones.</p> <p>Hot stone massage is performed to the front of the body for 30 minutes.</p>

		<p>Competitor must use all stones provided to them 8 small, 10 medium, 3 Large</p> <p>Placement stones should also be used.</p> <p>Massage should be flowing, rhythmic, consistent.</p> <p>Competitors must massage the feet, front of legs, décolleté, hands and arms.</p> <p>Dry towel removal to absorb excessive oil from the front of the body and feet.</p>
15 minutes	Check point for judging - for judging the model's skin, and product use	
15 minutes	Model exit and post service clean up	Assist model to exit and treatment area is cleaned up.
5minutes	Check point for judging	

Sponsors and Training Product

Please contact sponsors to purchase product for training purposes.

Mini Facial Treatment with Bridal Makeup:

- Cara Skin Care provided by ProBeauty Group (www.pro-beauty.com)
- Bridal Makeup supplied by (TBD)

Body Treatment - Waxing:

- Products supplied by Vancouver Community College (CaronLab Group)

Bridal Makeup and Creative Hand and Arm and Fantasy Design Makeup:

- Supplied by competitor

Manicure with Nail Art and Hand/Arm Design:

- LCN Product supplied by ProBeauty Group (www.pro-beauty.com)
- Arm design supplied by competitor

It is important for each competitor to check the Canadian Skills Competition Website for the Contest Description and product list information. Check regularly for any changes and follow-up with your advisors (www.skillscanada.com).



ORAL COMMUNICATION



THINKING



DOCUMENT USE