

All items are subject to availability.

Alcohol
Beer, India Pale Ale
Beer, Stout – Guinness
Brandy, VSOP
Grand Marnier
Port, Ruby
Rum, Dark
Madeira
Pernod
Vermouth, White, Dry
Wine, Red, BC Pinot Noir
Wine, Red, BC Bordeaux Blend
Wine, White, BC Sauvignon Blanc
Wine, White, BC Riesling
Dairy
Butter, Unsalted
Cheese, Cream
Cheese, Danish Blue Cheese, Goat Cheese
Cheese, Gruyere
Cheese, Parmesan Reggiano Cream, 35%
Eggs, Large Milk, Homogenized, 3.25%
Sour Cream
Yogurt, Plain
Dry Goods
Agar Agar
Baking Powder
Baking Soda
Capers
Chocolate, Dark, Callebaut 811 (53.7%)
Chocolate, Milk, Callebaut 823 (33.6%)
Chocolate, White, Callebaut,w2nv (28%)
Cocoa Powder
Coconut Milk
Coffee Beans, dark roast
Condensed Milk
Corn Starch
Fish Sauce - Nam Pla
Flour, Almond
Flour, AP
Flour, Bread
Flour, Pastry
Gelatine, Leaves
Gelatine, Powdered

Glucose
Honey
Lentils, Puy
Maple Syrup
Mustard, Dijon – Plain & Grainy
Nuts, Almond, whole blanched
Nuts, Hazelnuts, whole
Nuts, Pecans, whole
Nuts, Pine nuts
Nuts, Pistachios - shelled
Oil, Canola
Oil, Olive, Extra Virgin
Olives, Kalamata
Sesame Seeds, Black
Sesame Seeds, White
Soya Sauce – Gluten Free
Sugar, Brown
Sugar, Granulated, White
Sugar, Icing
Sugar, Isomalt
Tabasco Sauce
Tomato Paste
Vanilla, Powder
Vanilla Bean
Vanilla, Pure
Vinegar, Balsamic
Vinegar, Cider
Vinegar, White
Vinegar, White wine
Vinegar, Red Wine
Worcestershire Sauce
Yeast, Instant
Frozen Items
Blackberries, IQF
Blueberries, IQF
Raspberries, IQF
Strawberries, IQF
Herbs – Fresh
Basil
Chives
Charril
Chervil
Dill
Mint
Oregano Pareloy: Elet Loof
Parsley; Flat Leaf

COMMON TABLE 34-Cooking Post-Secondary Page 1 of 2



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Rosemary
Tarragon
Thyme
Miscellaneous
Wood Smoking Chips
Pan Spray
Produce - Fruit
Apples, Gala
Blueberries
Grapes, Green
Lemons
Limes
Mango
Oranges
Pineapple
Raspberries
Produce - Vegetables
Asparagus, Green
Arugula, Baby
Micro Greens, Assorted, Barnston Island
Beans, Green, French
Beets, Red with tops
Broccoli
Carrots
Cauliflower
Celery
Celery Root (Celeriac)
Cucumber, English
Fennel
Garlic Bulb
Ginger Root
Kale, Black
Leeks
Lemon Grass
Mushrooms, Button
Mushrooms, Oyster
Mushrooms, Shiitake
Mushrooms, Shimiji, Brown
Onions, Green
Onions, Red
Onions, Spanish
Parsnips
Peas, Sugar Snap
Peppers, Green

Peppers, Red
Peppers, Red Finger Chili's
Potato, Russet 100ct
Potato, Sweet Potato, Yellow
Potato, Yellow
Shallots
Spinach, Baby
Tomato, Roma
Tomato, Cherry Red
Zucchini, green
Proteins & Stocks
Bacon, Smoked, Slab
Bones, Chicken
Bones, Fish
Bones, Veal
Chicken Breast, B/S, Fresh
Duck Breast, Fraser Valley (Module 1B)
Lamb, Single Shortloin, bone in, trimmed
NAMP#232A (Module 2B) - <u>2 each</u>
Miso Paste, Yellow
Mystery Fin Fish – Salmonoid (Module 2A)
Shrimp, Local, Side Strip (Module 1B)
Spices - Dry
Allspice
Bay Leaves
Coriander Seed
Cinnamon, Stick
Curry Powder
Cumin, Seed
Fennel Seeds
0: 0 -
Ginger, Ground
Ginger, Ground Nutmeg, Whole
Nutmeg, Whole
Nutmeg, Whole Oregano, Dried
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne
Nutmeg, Whole Oregano, Dried Paprika, Hungarian
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne Peppercorns, Black Peppercorns, White Salt, Kosher
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne Peppercorns, Black Peppercorns, White
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne Peppercorns, Black Peppercorns, White Salt, Kosher Salt, Maldon Sea
Nutmeg, Whole Oregano, Dried Paprika, Hungarian Pepper, Cayenne Peppercorns, Black Peppercorns, White Salt, Kosher Salt, Maldon Sea Thyme