



CONTEST DESCRIPTION

Beauty Therapy

TEAM CANADA

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1 THE SKILLS FOR SUCCESS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

In response to the evolving labour market and changing skill needs, the Government of Canada has launched the new Skills for Success (*former Essential Skills*) model defining nine key skills needed by Canadians to participate in work, in education and training, and in modern society more broadly. SCC is currently working with Employment and Social Development Canada (ESDC) to bring awareness of the importance of these skills that are absolutely crucial for success in Trade and Technology careers. Part of this ongoing initiative requires the integration and identification of the Skills for Success in contest descriptions, projects, and project documents. The next phase and very important aspect of our Skills for Success (SfS) initiative is to provide a *Skills Report Card* to each competitor at the Skills Canada National Competition. The purpose of the report card is to inform the competitor about their current level of nine identified Skills for Success based on their competition scores. With this knowledge, the competitor will be made aware which skill may require improvement. Full implementation is expected in the next Skills Canada National Competition.

The following 9 skills have been identified and validated as key I skills for success for the workplace in the legend below:

¹Numeracy, ²Communication, ³Collaboration, ⁴Adaptability, ⁵Reading, ⁶Writing, ⁷Problem Solving, ⁸Creativity and Innovation, ⁹Digital

These Skills for Success have been identified in section 2.4 and/or 3.2 (to be completed by SCC) of your Contest Description and if applicable, in your Project and supporting documents.

2 CONTEST INTRODUCTION

2.1 Description of the associated work role(s) or occupation(s)

https://www.skillscompetencescanada.com/en/skill_area/aesthetics/

2.2 Purpose of the Challenge

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for

the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

2.3 Duration of contest

16 hours 30 minutes

2.4 Skills and Knowledge to be tested.

Individual eyelash application — The competitor will apply a full set of individual eyelashes. (60 lashes per eye).

Eyelash and eyebrow tinting — The competitor will apply eyelash and eyebrow tinting, selecting the right colour and following the recommended technique.

Foot Care — The competitor will perform a complete foot care including foot soak, nail cutting and shaping, cuticle care, leg and foot exfoliation, callus sanding, foot and lower leg massage, foot mask and application of nail polish base, French polish and protection coat.

Temporary Hair Removal with sugar paste — The competitor will perform hair removal with sugar paste on the half leg (from below the knee to the ankle, including the foot and toes) and on the face (upper lip and chin).

Mini Facial and Bridal Make-up — The competitor will demonstrate a mini facial using the sponsor's products (DERMALOGICA) followed by the application of bridal make-up; including foundation with corrective work, blush, blended eye shadows, eye liner, and red lipstick.

Manicure with Nail Art (permanent polish) — The competitor will demonstrate a manicure using sponsor's products and will duplicate the nail art. This is done with a permanent polish, and corrections are permitted. (LED lamp will be provided)

Body Therapy Treatment – The competitor will demonstrate knowledge and understanding of hair removal of the underarm using hot wax including a demonstration of proper tweezing technique. It will then be followed by a body treatment including cleansing and exfoliation of the back, a hot stone massage performed on the back, back or legs and back of arms.

Creative Make-up — The competitor will demonstrate a creative makeup look with a Shanghai theme. The creative makeup will include the face, neck and décolleté of the model. The Shanghai theme will be displayed on their 12x16 vision board.

3 CONTEST DESCRIPTION

3.1 List of documents produced and timeline for when competitors have access to the documents on the Skills/Compétences Canada website

DOCUMENT	DATE OF DISTRIBUTION
Test Project	January 2022
Nail Art	January 2022
Product list for all supplies	January 2022
Foot Care Analysis Form	January 2022
Skin Analysis Form	January 2022
Model Release Form	January 2022
Manicure Consultation/Analysis Form	January 2022

3.2 Tasks that may be performed during the contest

- Individual eyelash application:

Objective: Apply a full set of individual eyelashes on an artificial head (60 eyelashes per eye), good choice of products, length, thickness and curvature. Good application technique and final outcome.⁷

- Eyelash and eyebrow tinting:

Objective: Apply eyelash and eyebrow tinting by selecting the right colour and following the recommended technique. Quality of final outcome.⁷

- Foot Care:

Objective: Perform a complete foot care including foot soak, nail cutting and filing, cuticle care, leg and foot exfoliation, callus sanding, foot and lower leg massage, foot mask and application of regular nail polish base, regular French nail polish (pink and white) applied freehand without tools or other accessories. Finish with a regular protection coat.

- Temporary Hair Removal with sugar paste:

Objective: Perform hair removal with sugar paste on the half leg (from below the knee to the ankle, including the toes) and on the face (upper lip and chin). Apply pre and post hair removal steps. No tweezers allowed. Competitor will be able to choose the texture of the paste that suits him/her from the products offered on site.

- Mini Facial and Bridal Make-up:

Objectives: Perform a Mini Facial. The skin must be analyzed with findings recorded on the provided analysis form and the facial must be based on that

analysis.^{6,7} Perform application of bridal makeup; including foundation with corrective work blush, blended eye shadows, defined eyebrows, eye liner, and red lipstick⁸.

- Manicure with Nail Art:

Objectives: Perform a manicure which includes, nail shaping, cuticle work, hand exfoliation, arm and hand massage and an application of permanent polish. Nail art to be applied according to the Test Project posted on SCC website. Competitors are allowed to make corrections.^{5, 7}

NOTE – Nail art must be freehand, using only the nail art brushes and dotting tool supplied by the sponsor. Decals, polish with built in striper brush, corrector pens, guideline tape, or any other tool will NOT be allowed. Nail art brushes may NOT be adjusted in any way.

- Body Therapy Treatment with underarm hair removal:

Objectives: The competitor, along with the model, will verbally discuss the Model Release Form and Consultation Form provided.² The competitor will perform an underarm hair removal using hot wax (used maximum 2 times on each underarm), followed by a back cleanse and exfoliation. A 30-minute hot stone massage will be performed to the back, back of legs, and back of arms.⁷

- Creative Make-up (Shanghai themed):

Objectives: Creative make-up application to the full face, neck and decollete and presentation of vision board (12x16) according to the Shanghai theme.⁸

NOTE: Decoration items (gems, glitter, headpiece, jewellery, etc.) may be used, but only to accent the design and cannot be the main focus.

Skills for Success - ²Communication, ⁵Reading, ⁶Writing, ⁷Problem Solving, ⁸Creativity & Innovation,

4 EQUIPMENT, MATERIAL, CLOTHING

4.1 Equipment and material provided by Skills/Compétences Canada

- Mannequin Head (AMAZONE OR MISENCIL OR OTHER TO BE CONFIRMED)
- REFECTOCIL (TO BE CONFIRMED) eyelash and eyebrow tint (black, black brown, medium brown), developer gel, and a tint remover.
- Sugar paste of different textures (LOYTEL TO BE CONFIRMED), products for pre and post hair removal steps, and tongue depressor.

- Foot care products (LCNL TO BE CONFIRMED), French polish, base and top coat, nail polish remover, foot soak product, cuticle product, scrub, massage cream (in individual kits for each competitor)
- Facial products, supplied by Dermalogica
- Bridal makeup products from Makeup Forever
- Products to include various foundations, various concealers, color correctors, mascara, lipstick, eyeliner pencils, eyeshadows, blush.
- LCN products
- Nail art brushes, regular French polish, permanent polish, gel and regular base/finish polish, nail polish remover, nail soak, cuticle product, scrub, massage cream, antiseptic spray (in individual kits for each competitor)
- Sponsor education info
- Small garbage cans
- Window cleaner
- Kleenex
- Cleaning products
- Hand soap
- Hand sanitizer
- Paper towels
- Chairs with backs
- Clipboards
- Pens/pencils
- Gibson towels
- 4x4 Facial gauze
- Non-latex gloves
- Q-Tips
- Cotton Rounds
- Table examination paper
- Facial beds or chairs
- Make-up stools
- Trolleys
- Magnifying lamps
- Step stools
- Baskets for model clothing

- Manicure tables
- Stainless steel bowls (for facial & body therapy)
- Stainless steel bowls (for foot soaking)
- Microwave
- Hot wax, wax pots and wax pot rings
- Hot stones for massage
- Hot stone warmer
- Body oil for hot stone massage
- Linens (bath towels, sheets, blankets)
- LED Nail lamps
- Medicine plastic cups for dispensing
- Spatulas to dispense various shared products
- Bath robes

COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCC. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.

4.2 Equipment and material provided by the competitor

- Kleenex
- Tray to carry dispensed products from back bar to work station
- Facial protective masks
- Hand sanitizer
- Disinfecting agents for surfaces, tools & implements
- Copy of ALL papers including Contest Description, Test Project & All other Analysis forms that were provided on SCC website

Full set of eyelash application

- Twizers (1 straight et 1 curved)
- Gel pad patches to protect eyes
- Adherence optimizer, adhesive remover, adhesive
- Jade Stone or Glue ring
- Small glass tray
- Pump
- Tape 3M
- Individual eyelashes box, 7mm

- Individual eyelashes box, 9mm
- Individual eyelashes box, 13mm

Eyelash and eyebrow tinting

- Artist palette
- Silicone pads
- Applicator for tinting (ex. sticks,...)

Manicure with Nail Art and Foot Care:

Implements:

- Nail cutters
- Cuticle nippers
- Nail scissors
- Steel pusher
- Buffers
- Rasp (metallic)

Body Therapy Treatment:

- Tweezers
- Slippers

Mini Facial and Bridal Make-up:

- Makeup brushes
- Makeup palette for dispensing
- Disposable mascara wands
- Sharpener
- White head band
- Slippers
- Long black cape (to the knee) for draping during makeup application with no visible logos
- Facial mark brushes

Creative Make-up:

- White head band or hair clip to keep hair protected
- Makeup brushes
- Makeup (any medium) to create fantasy makeup look

- False strip lashes
- Lash glue
- Scissors for lashes
- Makeup palette for dispensing
- Disposable mascara wands
- Sharpener
- Eyeliner
- Mascara
- Lip liner
- Lip stick
- Vision board (12"x16")
- Apparatus to display vision board

4.2.1 Toolboxes Guidelines

One of the objectives of SCC is the sustainability of the Competition. As a result, the toolboxes brought by Competitors will be restricted to the following maximum specifications.

The Competitor toolbox must not exceed 0,506 meters³ in volume. It can be multiple toolboxes but the total of all toolboxes must not exceed the maximum volume indicated. There is no exception to this rule. If the Competitor toolbox is larger than what is indicated, the Competitor with the guidance of the NTC, will need to remove items from the toolbox and those items will not be used during the competition. All tools must fit inside one or more toolboxes. Tools outside of a toolbox will not be permitted.

4.3 Required clothing provided by the competitor

- Uniform (see Test project). NO leggings or yoga pant styles allowed. Uniform must be all black.
- Black non-slip, flat or low heel, closed toed shoes with NO laces, professional type. No ballerinas.
- Black socks must be worn.
- No jewelry, which may interfere with the task being performed or place the model or aesthetician at risk.
- Hair must be tidy and tied back, off the collar and face.

- Competitor must have short, natural nails. No nail extensions, or recent removal of, no nail varnish or coverings.

5 HEALTH AND SAFETY

5.1 Safety program

SCC has implemented a comprehensive safety program as health and safety is an integral part of our competitions. Our safety program includes guidelines and procedures to make the work environment in each skill area safer.

5.1.1 Safety manual

As part of our program a safety manual has been created in order to monitor and document health and safety within each skill area. It includes a definite plan of action designed to prevent accidents. The safety manual will be provided for every skill and these instructions must be followed and respected by all participants and officials at the SCNC.

5.1.2 Safety workshop

During orientation, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety, and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

5.2 COVID-19 Protocol

The COVID-19 guidelines will be shared as soon as they are available.

The COVID-19 guidelines will be subject to change based on the BC COVID-19 guidelines in place at the time of the competition.

6 SAFETY REQUIREMENTS

6.1 Safety workshop

Upon arrival at the Skill area, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

6.2 List of required personal protective equipment (PPE) provided by Skills/Compétences Canada

- Non latex gloves

6.3 List of required personal protective equipment (PPE) provided by the competitor

- Protective mask, face shield, safety glasses

Note: Contestants who do not have the required protective gear will not be allowed to participate in the contest

7 ASSESSMENT

7.1 Point breakdown

Note: This list is subject to change.

TÂCHES	/100
Full set of individual eyelash application	8
Eyebrow and eyelash tinting	6
Complete Foot care, French polish	15
Temporary Hair Removal with sugar paste, legs, upper lip and chin	13
Mini facial and Bridal Make-up	17
Manicure with Nail Art	10
Creative Make-up	7
Body Therapy Treatment and Waxing	22
Economy	2

8 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during the competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
Use of technology - personal laptops, tablets and mobile phones	<ul style="list-style-type: none"> • If contest becomes virtual, audio must be left on at all times
Drawings, recording information	<ul style="list-style-type: none"> • Nail Art project is allowed at manicure station
Tools / Infrastructure	<ul style="list-style-type: none"> • Competitors are not allowed to bring or use facial sponges

	<ul style="list-style-type: none">• Competitors must receive approval from the Expert to bring any other equipment or material that is not listed on point 4.3. Please contact the Skills/Compétences Canada national secretariat for approval.
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9 ADDITIONAL INFORMATION

9.1 Interpreter

If a competitor requires the help of an interpreter once onsite during the competition, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1 month prior to the competition or this service might not be guaranteed.

9.2 Ties

- **Tiebreaker #1:** In the event of a tie, the candidate with the highest score in the Body Therapy Treatment and Waxing criteria will be declared the winner.
- **Tiebreaker #2:** In the event of a second tie, the competitor with the highest score in the Mini facial and Bridal Make-up criteria will be declared the winner.
- **Tiebreaker #3:** If a tie still remains, the competitor with the highest score in the Complete Foot care, French polish criteria will be declared the winner.

9.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

9.4 Competition rules

Refer to the competition rules of the Skills Canada National Competition which can be found on our website.

10 TEAM CANADA EXPERT

Maryse Bureau

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Sophie Courchene at sophie@c@skillscanada.com