



PROJECT  
**Beauty Therapy**  
TEAM CANADA

## INTRODUCTION

Welcome to the Team Canada 2022 Selection Category for Beauty Therapy. Congratulations on your participation in this challenging and rewarding experience. This document contains the description of the eight modules of the Beauty Therapy Project.

## DESCRIPTION OF PROJECT AND TASKS

All treatments will be performed on women.  
During the test, you will be evaluated on the following criteria:

CRITERIA			RATING		
			Judgement	Measurement	Total
A	C1 Module 1 4 h 30 min	Complete individual lash application 1 h 30 min	2	6	8
		Eyebrow and eyelash tinting 30 min	2	4	6
		Complete Foot Care, French polish 1 h 45 min	6	9	15
		Temporary hair removal with sugar paste (legs, upper lip and chin) 45 min	4.90	8.10	13
			<b>14.90</b>	<b>27.10</b>	<b>42</b>
B	C2 Module 2 6 h	Mini Facial and Bridal Makeup 3 h	7	10	17
		Manicure with Nail Art on the nails, gel polish 3 h	6	4	10
			<b>13</b>	<b>14</b>	<b>27</b>
C	C3 Module 3 6 h	Creative Makeup 3 h	5	2	7
		Body Therapy Treatment with exfoliation, hot stone massage. Underarm hair removal 3 h	7	15	22
			<b>12</b>	<b>17</b>	<b>29</b>
		Economy	2		2
	16 h 30 min + 50 min	Total	41.90	58.10	100

	17 h 20 min total				
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At the beginning of each day of the competition, you will have 15 minutes to review the modules for that day and the summary marking form. You will have the opportunity to ask the experts any questions you may have about the modules.

Judging takes place throughout each task. Make sure the JUDGES see your client before starting treatment.

When you request an evaluation, you must notify the TIMEKEEPER to stop your time and call the judges.

For **Modules 1, 2 and 3**, the time allotted for set-up and cleaning varies. See the information on each module. Other than the time allotted for judging, no additional time will be allowed.

**Note:** If you are unsure of what tools or equipment you can use, check with the Expert before you begin. For each module, points will be awarded for professional attitude, economy, and compliance with occupational health and safety regulations.

**Performance of the treatment:** The competitor will perform each treatment in accordance with the standards of his/her province. If the judges are unsure of a technique used by a competitor, they will inquire about it so that points are not deducted without good reason. The event design team may modify, add or delete evaluation criteria based on available products, equipment, tools and designs and to improve test results.

## **INSTRUCTIONS TO THE COMPETITOR – C1**

### **Module 1**

Complete individual eyelash application – Eyebrow and eyelash tinting – Complete Foot Care, French polish – Temporary hair removal with sugar paste (legs, upper lip and chin).

Time allowed: 4 h 30 min – Set-up and clean-up time is included in the time allowed.

#### Complete individual eyelash application

Time allowed: 1 h 30 min

Marking: Measurement - 2 points                      Judgment - 6 points

Model: Artificial head

#### Set-up

Workstation set-up - 10 minutes

1. Application of a complete set of individual lashes. (60 lashes per eye) (judging)
2. Choice of products (judging)
3. Choice of lashes with length, thickness and curvature (judging)
4. Application technique and final result (judging)

Complete workstation clean up - 10 minutes (judging)

### **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.

#### Eyebrow and eyelash tinting

Time allowed: 30 minutes

Marking: Measurement - 2 points                      Judgment - 4 points

Model: Female between 45 and 55 years old whose eyelashes and eyebrows have not been colored for four weeks. **The client must present herself without makeup.**

#### Set-up

Workstation and model preparation - 10 minutes

1. (judging) Application of eyelash and eyebrow tinting, minimum 5 minute pause (judging)
2. (judging) Removal of eyelash and eyebrow dye (judging)
3. Exit the model (judging)

Complete workstation clean up - 10 minutes (judging)

### **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.

#### Complete Foot Care, French polish

Time allowed: 1 h 45 minutes

Marking: Measurement - 6 points                      Judgment - 9 points

Model: Female with no contraindications or special precautions. **The client must present herself without nail polish and with nails to be cut.**

#### Set-up

The work area, competitor and client are prepared for care.

1. Foot Care, including foot soak, nail cutting and filing, cuticle care, callus sanding, foot and lower leg massage. foot mask. (judging)
2. Application of base coat, French polish and protective layer (judging)
3. Exit the model (judging)

Clean up and tidying up work area - 15 minutes (judging)

### **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.

#### Temporary hair removal with sugar paste (legs, upper lip and chin)

Time allowed: 45 minutes

Marking: Measurement – 4.90 points                      Judgment – 8.10 points

Model: Female between 20 and 45 years old with dark hair on her legs, upper lip and chin and who has not been depilated for eight weeks.

#### Set-up

- Work area, competitor and client ready for treatment - 15 minutes
- The wax was prepared and tested before the treatment. Kept warm.
- The care procedure is selected and structured according to the client's specified care plan.

1. Use of sugar paste on the half leg (from below the knee to the ankle, including the toes) (judging)
2. Use of sugar paste on the face (upper lip and chin) (judging)
3. Choice of products used
4. Application and removal done correctly
5. Compliance with health and safety regulations
6. Final result (judging)
7. Exit the model (judging)

Tidying up workstation - 15 minutes (judging)

Clean up and tidying up work area after all waxing services have been completed.

## **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.

## **INSTRUCTIONS TO THE COMPETITOR – C2**

### **Module 2**

Mini Facial and Bridal Makeup - Manicure with Nail Art, gel polish

Time allowed: 6 hours

#### Mini Facial and Bridal Makeup

Time allowed: 3 hours

Marking: Measurement – 7 points                      Judgment – 10 points

Model: Female between 20 and 35 years old with light makeup (foundation, powder, blush, mascara, dark lipstick). The model will complete the first part of the consultation.

#### Set-up

Workstation and model preparation and summary analysis of the skin - 30 minutes

1. Preparation of the workstation, competitor and model for treatment (judging)
2. Care planning and product selection. No changes allowed after the start of the treatment (judging)
3. Summary analysis of the skin (judging)

#### Course of the treatment (2 h 15 min)

1. Makeup removal for eyes, lips, face, neck and décolleté (judging)
2. Detailed analysis of the skin, information recorded on the skin analysis form (judging)
3. Planning of the treatment process and choice of products. (judging)
4. Exfoliation (judging)
5. Lotion (evaluates)
6. Mask (10 min-pause time) (judging)
7. Massage of décolleté, shoulders and arms during the mask's pause time) (judging)
8. Mask removal (judging)
9. Lotion (judging)
10. Application of finishing cream and eye contour cream
11. Makeup (Application of foundation, skin correction, shadows and highlights, blush, eyeshadow, eyeliner, mascara, lip liner and red lipstick) (judging)
12. Exit the model (judging)

Tidying up workstation - 15 minutes (judging)



## **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.

### Manicure with Nails Art (gel polish)

Time allowed: 3 hours

Marking: Measurement – 6 points                      Judgment – 4 points

Model: Female with a long plate, natural nails with regular red polish, no contraindications.

### Set-up

Set up of the workstation, preparation of the model and consultation with a form - 20 minutes (judging)

1. Removal of varnish from the model (10 minutes) (judging)
2. Preparation of the nails for the application of the gel polish (filing, cuticle work, preparation of the plate (buffing, leaving no shine) (judging)
3. Exfoliation of hand and forearm (judging)
4. Exfoliation residue to be removed with hot towels (judging)
5. Nails prepped for gel polish application. Removal of all product residues from the nails and plate dehydrated (judging)
6. Application of gel polish with Nail Art on all 10 fingers, as shown in the picture. Free hand gel polish application (judging)
7. Massage on hand and forearm (judging)
8. Exite the model

Tidying up workstation 15 minutes (judging)

## **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.



## **INSTRUCTIONS TO THE COMPETITOR – C3**

### **Module 3**

Creative Makeup - Body Therapy with exfoliation, hot stone massage, and underarm waxing

Time allowed: 6 hours

#### Asian Creative Makeup

Allowed time: 3 hours

Marking: Measurement – 5 points                      Judgment – 2 points

Model: Female between 18 and 20 years old

#### Client and workstation preparation

Preparation and functional organization of the makeup station - 15 minutes

Preparation of the client for the treatment according to the applicable health and hygiene rules (judging)

1. Skin preparation (cleansing, toning and moisturizing) as required (judging)
2. Foundation application (judging)
3. Fantasy eye and lip makeup, including eye liner, false eyelashes, eyebrow definition, creative eye makeup, lip liner and lipstick (judging)
4. Fantasy makeup on the face, neck and décolleté\*.
5. According the Shanghai theme (judging)
6. Exit the model

Tidying up workstation -15 minutes (judging)

\*Freehand makeup of the face and neck and/or décolleté

\*No stencils or other tools

#### Body Therapy Treatment with exfoliation, hot stone massage, and underarm waxing

Time allowed: 3 hours

Marking: Measurement – 7 points                      Judgment – 15 points

Model : Female with average hairiness in the underarms, without contraindications.

#### Set-up

Workstation set-up - 10 minutes

Model installation, consultation and preparation for underarm waxing -15 minutes  
(assessment)

1. Application of the pre-waxing product on the area, wax temperature tested, underarm waxing, finishing with the tweezers, application of the post-waxing product (judging)

Model installation and preparation for exfoliation of back - 20 minutes (judging)

2. Application and removal of cleanser (judging)
3. Application and removal of exfoliator using a maximum of 4 hot towels (judging)
4. Hot stone massage, testing the temperature of the stones (8 small, 10 medium and 3 large), massage performed to the back of the body (back, feet, back of legs, hands and arms) during 30 minutes. Massage should be rhythmic and consistent. Stones should also be placed on the body (judging)
5. Removal of oily residues with dry towels (judging)
6. Exit the model (judging)

Tidying up workstation - 15 minutes (judging)

## **JUDGING**

Judging will be done throughout competition. Notify the timekeeper who will call the judges to evaluate the work. Other breaks for judging will be announced during the familiarization day.

**Marking system**  
**Methodology**

Judges must adhere to and use the marking scheme provided by Skills/Compétences Canada. No changes are to be made.

Judging based on measurement accounts for 56.10% of the points. In that case, the competitor receives the maximum score or zero for each criteria assessed.

Judging based on judgement accounts for 43.90% of the points. In that case, the competitor's work is scored on a scale of 0 to 3 for each criterion assessed.

0 = performance below industry standards

1 = performance according industry standards

2 = performance above industry standards

3 = excellent performance, well above industry standards

Each judge must complete a summary marking form for each competitor.

**Information session for competitors**

Competitors will attend an information session in the morning before the competition begins.

They have 15 minutes of open communication to review the guidelines and summary marking form for that day and to ask questions to the experts. No work or set-up is allowed at this stage.

A 15-minute information session will be held for competitors at the end of the day.

## **Competitor's equipment list**

### **Items to be brought to the competition by competitors**

1. Nail art brushes - competitors may bring their own brushes to practice on before the competition.
2. Colors, small stones, etc., to decorate nail tips, no stencils.
3. Metal or disposable tools for pedicure and manicure. No blades allowed. Cuticle clippers, nail clippers, foot nail clippers, nail scissors, polisher, orange sticks, emery disposable nail files, spatulas, foot rasp and metal cuticle pushers.
4. Makeup brushes, makeup sponges, artist's palette, tweezers, hair clips, long black makeup collar (no visible logo), disposable wands, spatulas, tool belt or brush holders.
5. Stainless steel bowls (facial and foot care), flexi bowl, mask brush, spatulas, cups, hand sanitizer, surface and tool sanitizer, etc.
6. Gloves (non-latex only), glove fingers
7. Disposable material, cotton swabs, gauze, round cottons, protective mask
8. Tweezers board
9. Pens and pencils
10. 3 bathrobes
11. 3 pairs of slippers
12. 5 headbands
13. 3 dressing gowns

These are the only items that will be allowed in competitors' toolboxes. Toolboxes will be inspected each day prior to the competition, and any items not on the list will be removed.

These items should fit in a small carrying case to avoid the high cost of shipping large toolboxes.

Sustainability is of the utmost importance!

- During the hours of set-up before the start of the competition, all the equipment will be made available to the competitors for practice.
- All materials required to complete each task will be provided unless otherwise specified in the pre-competition information.

**Note**

Changes may be made to this list at any time. Please check documents posted on the website



COMMUNICATION



CREATIVITY & INNOVATION



READING