

FROM THE CLASSROOM  
TO THE WORKPLACE

# SKILLS FOR SUCCESS MATTER



## CHANGE IS COMING! LET'S ADAPT!

*"A lot of the work in, say, construction or restaurants involves visual and motor flexibility. It also requires adaptability, in terms of answering questions, giving people directions, or taking orders."*

— David Autor

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## ADAPTABILITY

is used to achieve our goals when expected or unexpected change occurs, by planning, staying focused, and overcoming obstacles.

## WHY THIS SKILL IS IMPORTANT

Things don't always go according to plan, so it's important for us to be flexible and adaptable to succeed when things change in our lives.