



CONTEST DESCRIPTION

# Aesthetics

POST-SECONDARY

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## 1 THE SKILLS FOR SUCCESS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

In response to the evolving labour market and changing skill needs, the Government of Canada has launched the new Skills for Success (*former Essential Skills*) model defining nine key skills needed by Canadians to participate in work, in education and training, and in modern society more broadly. SCC is currently working with Employment and Social Development Canada (ESDC) to bring awareness of the importance of these skills that are crucial for success in Trade and Technology careers. Part of this ongoing initiative requires the integration and identification of the Skills for Success in contest descriptions, projects, and project documents. The next phase and very important aspect of our Skills for Success (SfS) initiative is to provide a *Skills Report Card* to each competitor at the Skills Canada National Competition. The purpose of the report card is to inform the competitor about their current level of nine identified Skills for Success based on their competition scores. With this knowledge, the competitor will be made aware which skill may require improvement. Full implementation is expected in the next Skills Canada National Competition. The following 9 skills have been identified and validated as key skills for success for the workplace in the legend below:

<sup>1</sup>Numeracy, <sup>2</sup>Communication, <sup>3</sup>Collaboration, <sup>4</sup>Adaptability, <sup>5</sup>Reading, <sup>6</sup>Writing, <sup>7</sup>Problem Solving, <sup>8</sup>Creativity and Innovation, <sup>9</sup>Digital

These Skills for Success have been identified in section 2.4 and/or 3.2 (to be completed by SCC) of your Contest Description and if applicable, in your Project and supporting documents.

## 2 CONTEST INTRODUCTION

### 2.1 Description of the associated work role(s) or occupation(s)

[https://www.skillscompetencescanada.com/en/skill\\_area/aesthetics/](https://www.skillscompetencescanada.com/en/skill_area/aesthetics/)

### 2.2 Purpose of the Challenge

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well-being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care for the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

### 2.3 Duration of contest

12 Hours

### 2.4 Skills and Knowledge to be tested.

Mini Facial with lash and brow Treatment<sup>2,7</sup>

- The competitor will demonstrate a mini facial including, cleansing, toning, serum, mask and finishing products.
- The facial will include the use of BT sonic equipment.
- The competitor will demonstrate a lash tint and lift, brow tint and lamination using the provided products from Dermalogica and Misencil.

#### Manicure<sup>2,8</sup>

- The competitor will demonstrate, on artificial nails, French gel polish (clean-up/correction allowed) on 8 nails and nail art on 2 nails. The design theme (France) will be complimented with a kit that will contain the following – gems, foil, glitter/pigment, gel polishes.
- The competitor will also demonstrate a manicure on a human model.
- The competitor will apply the nail art with glue dots to the nails of the human model (Sponsor to be determined).

#### Body treatment<sup>7,8</sup>

- The competitor will demonstrate a back treatment, cleanse, exfoliation, tone, serum, massage, mask and finishing products (Sponsored by Dermalogica).
- The back treatment will incorporate the use of the BT Micro machine.
- The competitor will demonstrate a reflexology foot treatment, following the provided video.

#### Makeup<sup>7,8</sup>

- The competitor will demonstrate an evening makeup look. The makeup look will include foundation, contour, highlight, correction work, blush, eyeliner, lipliner, eyeshadow, mascara and artificial lashes. The makeup will include a design that the competitor will match (Sponsored by Makeup Forever).
- The second part of the competition, the competitor will use their own makeup to create a design of their choice from the design they completed in the first half of the competition. The design should show creativity, precision, depth, and pigment.

*Skills for Success - <sup>2</sup>Communication, <sup>7</sup>Problem Solving, <sup>8</sup>Creativity, and Innovation*

### 3 CONTEST DESCRIPTION

- 3.1** List of documents produced and timeline for when competitors have access to the documents on the Skills/Compétences Canada website.

DOCUMENT	DATE OF DISTRIBUTION
Project	December 2023
All project supply list	January 2024
All release, consultation and analysis forms	December 2023

Makeup look (picture)	December 2023
All videos	December 2023

### 3.2 Tasks that may be performed during the contest.

- Mini Facial with lash and brow treatment<sup>2,5,7</sup>
  - Skin analysis and model consult will be performed with findings recorded on provided sheets.
  - Cleanse using the BT Sonic, tone, exfoliate, serum and mask and finishing products using the sponsor's products from sponsor (Dermalogica).
  - Lash tint and lift using sponsor's products from sponsor (Misencil).
  - Brow tint and lamination using sponsor's products from sponsor (Misencil).
- Manicure with nail art<sup>2,8</sup>
  - French manicure performed on 8 artificial nails WITH CORRECTOR OR CORRECTION ALLOWED.
  - Creative nail art performed on 2 artificial nails using products supplied in kit (Sponsor to be determined).
  - Traditional basic manicure performed on human model.
  - Artificial nails will be applied to human model with 2 ways stickers.
- Body treatment<sup>2,7,8</sup>
  - Demonstration of a back treatment on human model
  - Cleanse, tone, exfoliate using BT Micro machine, massage, mask and finishing products from Dermalogica
  - Demonstration of reflexology on the foot using the provided video (to be provided at a later time)
- Evening & Creative Makeup<sup>5,7,8</sup>
  - Demonstration of an evening makeup using sponsor's products from Makeup Forever
  - Foundation, correction, highlight/contour, blush, shadow, lip liner, eyeliner, mascara, lip stick, and artificial strip lashes.
  - The makeup steps will be provided and will include one design element.
  - Competitor will build on the design element to create a design of their choice.

*Skills for Success - <sup>2</sup>Communication, <sup>5</sup>Reading, <sup>7</sup>Problem Solving, <sup>8</sup>Creativity, and Innovation*

## 4 EQUIPMENT, MATERIAL, CLOTHING

### 4.1 Equipment and material provided by Skills/Compétences Canada

- BT Micro
- BT Sonic
- Hot towel cabbies
- Facial and Body Products by Dermalogica
- Eye Products (Tinting products, Lift and Lamination products for brows and, lashes, including the plastic wrap) from Misencil
- Makeup by Makeup Forever
- Manicure
  - Lint free nail wipes
  - LED nail lamps
  - Table lamps
  - Client consultation form
  - Extension cord/power bar
  - Arm rest
  - Isopropyl 99% (spray bottle or pump)
  - Manicure bowl
  - Scrub brush
- Manicure Products (Sponsor to be determined)
  - Nail Art Kit
    - Gems (assorted sizes)
    - Gem Gel
    - Foil (silver and gold)
    - Glitter (silver and gold)
    - Pigment (flakes) iridescent
    - Gel Polish
      - Gel polish white
      - Gel polish blush pink
      - Gel polish Base
      - Gel polish topcoat
    - Wax tool (Gem tool)
    - Fine detail art brush
    - Nail Tips
    - Nail 2-way stickers
    - Nail Tip holder
    - Polish remover/acetone
    - File 180/240
    - File 180/100



- Orangewood stick
- Buffers
- Cuticle solvent
- Cuticle oil
- Massage lotion
- Small garbage can
- Window cleaner
- Cleaning/Disinfecting products
- Kleenex
- Hand soap
- Hand sanitizer
- Chairs with back
- Clipboards
- Pens/Pencils
- 4x4 Facial gauze
- Non-latex gloves
- Q-Tips
- Cotton rounds
- Facial beds
- Trolleys
- Magnifying lamps
- Step stools
- Baskets for model clothing
- Manicure tables
- Disposable nail files (240 grit)
- Stainless steel bowls for facial and body treatments
- Linens
- Spatulas to dispense shared products.
- Bath robes
- Facial wraps/sarong
- Slippers
- Paper towel/Gibsons

**COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCC. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.**

**4.2** Equipment and material provided by the competitor.

- Tray to carry dispensed products from back bar to work area.
- Facial protective masks

- Hand sanitizer
- Disinfecting agents for surfaces, tools and implements.
- Copy of ALL papers including Contest Description, Test Project, all Analysis forms, and any other information that was provided to you on the SCC website.

#### MANICURE WITH NAIL ART SUPPLIES:

- Nail cutters
- Cuticle nippers
- Nail scissors
- Steel pusher

#### BODY THERAPY TREATMENT SUPPLIES:

- Brush for back mask treatment
- White headband to protect hair.
- Bowl for mask
- Large stainless steel foot soak bowl

#### FACIAL SUPPLIES:

- White headband to protect hair.
- Six small bowls for product to be dispensed.
- One medium rubberised bowl
- Facial mask brush
- All tools required for lash lift and tint and for brow lamination and tint.

#### CREATIVE MAKEUP:

- Headband or clips to protect hair.
- Black cape with no logo
- Makeup brushes
- False strip lashes
- Lash glue
- Scissors for lashes
- Makeup palette for dispensing
- Disposable mascara wands
- Sharpener
- Makeup (any medium) to create your creative look.

### **4.2.1** Toolboxes Guidelines



One of the objectives of SCC is the sustainability of the Competition. As a result, the toolboxes brought by Competitors will be restricted to the following maximum specifications.

The Competitor toolbox must not exceed a carry-on size suitcase or a 60L toolbox. It can be multiple toolboxes, but the total of all toolboxes must not exceed the maximum volume indicated. There is no exception to this rule. If the Competitor toolbox is larger than what is indicated, the Competitor, with the guidance of the NTC, will need to remove items from the toolbox and those items will not be used during the competition. All tools must fit inside one or more toolboxes. Tools outside of a toolbox will not be permitted.

#### 4.3 Required clothing provided by the competitor.

- Uniform (see test project). NO leggings or yoga style pants allowed. Uniform must be all black.
- Black non-slip flat or low heel, professional closed toed shoes with NO laces.
- Black socks must be worn.
- No jewelry which may interfere with the task being performed or place the model or aesthetician at risk.
- Hair must be tidy and tied back, off the collar and face.
- Competitor must have short, manicured, non-polished nails.
  
- Example:



## 5 HEALTH AND SAFETY

### 5.1 Safety program

SCC has implemented a comprehensive safety program as health and safety is an integral part of our competitions. Our safety program includes guidelines and procedures to make the work environment in each skill area safer.

#### 5.1.1 Safety manual

As part of our program a safety manual has been created to monitor and document health and safety within each skill area. It includes a definite plan of action designed to prevent accidents. The safety manual will be provided for every skill and these instructions must be followed and respected by all participants and officials at the SCNC.

#### 5.1.2 Safety workshop

During orientation, Competitors will participate in a Safety workshop and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety, and environmental rules, may be required to undertake a second safety workshop, this will not affect the Competitor's competition time.

### 5.2 List of required personal protective equipment (PPE) provided by Skills/Compétences Canada

- Non-latex gloves
- Non-latex finger cots

**Note:** Competitors who do not have the required protective equipment will not be allowed to participate in the competition

### 5.3 List of required personal protective equipment (PPE) provided by the competitor.

- Facial protective covering mask, if necessary.
- Competitors will follow PPE regulation/guidelines as per their own province requirements.
- Proper footwear, as per section 4.3

**Note:** Competitors who do not have the required protective equipment will not be allowed to participate in the competition

## 6 ASSESSMENT

### 6.1 Point breakdown

**Note:** This list is subject to change.

TASKS	/100
Mini Facial with brow and lash treatment	30

Body Treatment	30
Manicure with nail art	20
Makeup	20

## 7 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during the competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
(EX:Use of technology - personal laptops, tablets and mobile phones)	If contest becomes virtual, audio must be left on at all times.
(Ex:Tools / Infrastructure)	Competitors are not allowed to bring or use facial sponges.  Competitors must receive approval from the National Technical Committee to bring any other equipment or material that is not listed on 4.2. Please contact the Skills Competences Canada national secretariat for approval

## 8 ADDITIONAL INFORMATION

### 8.1 Interpreter

If a competitor requires the help of an interpreter once onsite during the competition, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1 month prior to the competition or this service may not be guaranteed.

### 8.2 Ties

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of a second tie, the competitor with the highest score in the Body Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie still remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.

### 8.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC could change a maximum of 30% of the work content. Please refer to the Competition Rules.

## 8.4 Competition rules

Refer to the competition rules of the Skills Canada National Competition which can be found on our website.

## 9 NATIONAL TECHNICAL COMMITTEE MEMBERS

MEMBER ORGANIZATION	NAME
Prince Edward Island	Stephanie Mitsuk
Nova Scotia	Judy Antonello
Quebec	Maryse Bureau – Chair
Ontario	Gwen Bennet – Co-Chair
Manitoba	Brenda Richer
Saskatchewan	Leanne Brown
Alberta	Kaitlyn Green
British Columbia	Louise Dannhauer
Yukon	Ammanda Partridge
New-Brunswick	Victoria Fairley

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Nathalie Maisonneuve ([nathaliem@skillscanada.com](mailto:nathaliem@skillscanada.com)).