



Safety Plan

# Job Skill Demonstration

SECONDARY

## 1 INTRODUCTION

Competitors must follow the current health and safety standards of the Province of Quebec (<https://www.legisquebec.gouv.qc.ca/en/document/cs/s-2.1#:~:text=The%20object%20of%20this%20Act,63%2C%20s>) ensuring that all health and safety requirements are in compliance for their demonstration in 2024. All competitors are encouraged to discuss safety considerations throughout their demonstration.

Competitors must provide a detailed safety plan with a description of the demonstration, along with internet links to Safety Data Sheet (SDS) if applicable. Competitors must identify the skills being demonstrated and their connection to the specific contest area (see section 2.2).

For information on Safety Data Sheets, please see [https://www.ccohs.ca/oshanswers/chemicals/whmis\\_ghs/sds.html](https://www.ccohs.ca/oshanswers/chemicals/whmis_ghs/sds.html)

**Submission of Safety Plans must be made by May 16, 2024, via the Google form <https://forms.gle/4AF7PUqbmQGf7s996>.**

**Any questions can be sent to [jobskillsdemo84@gmail.com](mailto:jobskillsdemo84@gmail.com).** Competitors will not be allowed to compete unless they have submitted a Safety Plan.

Name of Competitor:

Name of Province or Territory Represented:

Email of Competitor:

Name of Teacher/ Mentor:

Email of Teacher/ Mentor:

Phone Number of Teacher/ Mentor:

Contest Area Represented:

Skill Being Demonstrated (See Section 2.2 of the contest description):

Detailed Description of Demonstration:

### **Considerations**

How have you planned your demonstration within the Health and Safety guidelines for the Province of Quebec?

### **Fires**

Will there be potential for fires?  Yes  No

If yes, please explain including ways to minimize the risk.

Will there be flammable substances used in your demonstration?  Yes  No  
If yes, please explain how they will be used and controlled.

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Are you planning to carry out hotwork, i.e. welding, grinding, etc. in your demonstration?  
 Yes  No  
If yes, please explain.

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### **Slips and Trips**

Will your work be designed to minimize slips and trips?  Yes  No  
If yes, please explain.

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Are there arrangements to clean up spills?  Yes  No

Will the competitors, models or proctor be wearing appropriate footwear?  Yes  
 No

### **Ergonomics**

Are there any ergonomics considerations?  Yes  No  
If yes, please explain.

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### **PPE and Hazards**

Will any activities require competitors, models or proctor to wear personal protective equipment?  Yes  No

If yes, will there be adequate personal protective equipment available?  
 Yes  No  N/A

If yes, please explain the personal protective equipment required.

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Have any hazardous substances been identified in your demonstration?  Yes  
 No

If yes, please provide the name and internet links to Safety Data Sheets for any hazardous substances identified.

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Will suitable measures be in place for the handling of hazardous substances?  Yes  
 No

If yes, please explain.

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**Check any of the following that will be included in your demonstration:**

- Electrical equipment or power supply
- Overhead hazards
- Airborne contaminants (i.e. dust, fumes, or vapors)
- N/A

**If you checked any of the options what is your plan for minimizing risk?**

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Please check off the safety items that are part of your competition, providing details below.

- Fire Extinguisher
- Broom, dust pan
- PPE
- First Aid Kit
- Garbage receptacle
- Other....

**If you checked any items above, please explain.**

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Are there other health and/or safety risks in your demonstration that may not have been covered in this document? \_\_\_\_Yes \_\_\_\_No

If yes, please explain.

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