



CONTEST DESCRIPTION

Aesthetics

POST-SECONDARY

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1 THE SKILLS FOR SUCCESS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

The Government of Canada has updated the previous Essential Skills framework to the new Skills for Success model in response to the evolving labour market and changing skill requirements. This model outlines nine fundamental skills Canadians need to thrive in work, education, training, and daily life.

Skills/Compétences Canada aims to highlight the importance of these skills, vital for success in trade and technology careers. Competitors can see how Skills for Success are integrated into contest descriptions, projects, and project documents. Recognizing these skills during the competition helps competitors match tasks with specific skills necessary for success and understand how these skills apply within their trade or technology programs and future careers.

The nine key Skills for Success, validated for workplace success, are:

1. Numeracy
2. Communication
3. Collaboration
4. Adaptability
5. Reading
6. Writing
7. Problem Solving
8. Creativity and Innovation
9. Digital

These Skills for Success are detailed in sections 2.4 and/or 3.2 (to be completed by SCC) of your Contest Description and, if relevant, in your Project and supporting documents.

2 CONTEST INTRODUCTION

2.1 Description of the associated work role(s) or occupation(s)

https://www.skillscompetencescanada.com/en/skill_area/aesthetics/

2.2 Purpose of the Challenge

This competition aims to showcase and elevate the skills, creativity, and professionalism of aestheticians. It provides a platform for participants to demonstrate their expertise in various beauty treatments and techniques, such as facials, manicures, body treatments and makeup, fostering a spirit of excellence and innovation within the industry. Through rigorous assessment by industry experts, these competitions not only celebrate outstanding talent but also set high standards, inspire continued education, and highlight emerging trends. Ultimately, they contribute to the advancement and recognition of the beauty therapy profession while demonstrating professionalism and complying with occupational health and safety.

2.3 Duration of contest

12 Hours

2.4 Skills and Knowledge to be tested

Advanced Facial^{2,4,7}

Facial Competition Scope

Challenge Scope: Theme: "Out of This World" When Two Worlds Collide

Competitors will deliver a unique High Frequency facial that incorporates ancient ingredients from the Ice Age era, using mud to create a transformative skincare experience on a live model.

To begin, they will assess the model's health history to ensure the treatment is suitable. Next, they will perform a thorough cleansing and skin analysis to accurately evaluate the skin's condition. After exfoliation, the Viennese Massage (Indirect High Frequency) will be applied, using a variety of massage techniques and demonstrating precise control of the current intensity according to the treatment area.

Following this, a Moor Mud Masque will be applied, during which the competitor will provide a relaxing scalp massage. Once the masque is removed, they will select an appropriate glass electrode for the direct high frequency modality to infuse a serum tailored to the model's specific skin concerns.

Finally, the facial will conclude with the application of moisturizer and a cold globe massage, leaving the skin glowing and rejuvenated.

Manicure^{2,7,8}

Manicure Competition Scope

Challenge Scope: Nail Tips Design - Galaxy & Mystery Themes

Competitors will begin by designing 10 nail tips on a nail tip holder.

In this creative and technical nail competition, participants will showcase their skills through a two-part challenge combining nail tip design and live model application, using only the tools and products provided by Sponsor TBA.

Competitors will begin by designing 10 nail tips: five with a Galaxy theme and five featuring a combination of two randomly selected themes from a set of five pre-released design inspirations (see Skills/Compétences Canada website for mystery designs).

The selected themes will be chosen on the day of the competition, and competitors will creatively interpret and combine them across the remaining five tips.

After completing the nail tips, competitors will perform a dry manicure on a live model, demonstrating proper technique in clipping, filing, buffing, and cuticle work. They will then apply all 10 pre-designed tips—five Galaxy-themed and five combining the selected themes—ensuring a balanced, cohesive presentation.

Body Therapy Treatment^{2,6}

Body Treatment Competition Scope

Challenge Scope: Full-Body Exfoliation & Hot Stone Massage

In this body treatment competition, participants will perform a full-body exfoliation followed by a hot stone massage.

The treatment includes exfoliating the back (nape to lower back), legs foot to knee (front and back) & upper leg (back only) and full arms (wrist to shoulder). Competitors will begin with a **skin analysis**, consulting with the model to assess skin type and condition, such as dryness or sensitivity. Based on this consultation, they will prepare a **custom exfoliant** in front of the model using a selection of provided salts, sugars, and carrier oils (no essential oils). While preparing the exfoliant, competitors must explain their choices and how the selected ingredients meet the model's skin needs.

The exfoliation will be removed with hot towels, followed by a **hot stone massage** on the back, back of the legs, and feet. The goal is to demonstrate both technical proficiency and an understanding of ingredient benefits. The remaining exfoliant will be packaged and given to the model along with a recipe card for at-home use. Only the products provided may be used during the competition.

Makeup^{7,8}

Makeup Competition Scope

Challenge Scope: Makeup - Galaxy Theme

In this fantasy makeup competition, competitors will create an original, Galaxy-themed makeup design covering 75% of the model's face, neck, and décolleté, extending two inches below the collarbone. Competitors may use the makeup medium of their choice (excluding airbrush) and are encouraged to be creative in their interpretation of the theme. The remaining 25% of the area may be left bare or minimally blended for balance, but the focus should be on showcasing detailed artistry and imaginative design within the themed area.

3D embellishments and any other decorative additions on the face, neck, or décolleté are not permitted. This includes rhinestones, gems, glitter pieces, or any raised or non-makeup materials. Accessories such as hair bands, clips and hair adornments will be judged separately during a designated judging time (see Project). Competitors must use their own makeup products. The final look should demonstrate advanced technical skill, creativity, and thoughtful execution across the entire design area.

Skills for Success – ²Communication, ⁴Adaptability, ⁶Writing, ⁷Problem Solving, ⁸Creativity & Innovation

3 CONTEST DESCRIPTION

- 3.1** List of documents produced and timeline for when competitors have access to the documents on the Skills/Compétences Canada website.

DOCUMENT	DATE OF DISTRIBUTION
Project	December 2025
Videos and Instructions	December 2025
Release, consultation and analysis forms	December 2025
Sponsor product supply lists	February 2026

4 EQUIPMENT, MATERIALS, CLOTHING

4.1 Equipment and materials provided by Skills/Compétences Canada

Dry stock supplies will be provided for each competition as part of the event's commitment to sustainability. Competitors are expected to work efficiently with the materials provided. **Please refer to the Contest Project for detailed information on the quantity and type of supplies available for your specific competition.**

General Equipment, Materials

- Chairs with backs
- First aid kit
- Fire Extinguisher
- Eyewash station
- Lay down beds
- Trolleys
- Magnifying lamps
- Step stools
- Manicure tables
- Manicure table lamp
- Measuring cups and measuring spoons
- Small garbage cans
- Disinfecting Wipes
- Kleenex
- Hand soap
- Clipboards
- Pens/Pencils
- 4x4 facial gauze
- Cotton balls
- Non-latex gloves
- Q-Tips
- Cotton rounds
- Gibson towels
- Basket for model clothing
- Large scissors
- Sticky tack
- Consultation forms for all services
- Extension cords
- Power bar
- Swiffer

- Non latex finger cots
- Pillows

Equipment & Materials for Advanced Facial

- Facial products (sponsor to be determined)
- High Frequency machines (spiral and orange electrodes)
- Towels
- Facial mask brush
- Facial wrap/sarong
- Bath robe
- Slippers
- White headbands
- Stainless steel bowls (one for water & one for wet towels)
- Fitted sheets
- Flat Sheets
- Blankets
- Cornstarch
- Talcum powder

Equipment & Materials for Manicure

- Manicure product & supplies (sponsor to be determined)
- LED/UV Lamps
- Polish remover/acetone
- Nail dehydrator
- File 180/240
- File 180/100
- Orangewood sticks
- Mini pink buffers
- Cuticle remover
- Base & top coat -gel polish
- Red gel polish
- Blue gel polish
- Yellow gel polish
- White gel polish
- Black gel polish
- Nail art kits (see posted documents for examples)
- Gems (assorted sizes)
- Gem Gel
- Foil (silver and gold)
- Glitter (silver and gold)
- Pigment (flakes) iridescent
- Wax tool (Gem tool)
- Fine detail art brush
- Nail Tips

- Nail 2-way stickers
- Nail Tip holder
- Nail glue
- 3D gems
- Star gem
- Sponges
- Acrylic paint assorted colors
- Tweezers
- Dotter
- Nail tip holder
- Nail glue
- Lint free nail wipes

Equipment & Materials for Body Therapy Treatment

- Body Therapy Treatment products (sponsor to be determined)
- Body cleanser
- Grape seed oil
- Coconut oil
- Epsom salt
- Dead sea salt
- Brown sugar
- Raw sugar
- Body Lotion
- Massage oil
- Tongs to remove hot stones
- Slatted wooden spoon to remove hot stones
- Measuring cups & measuring spoons
- Recipe cards
- 4oz (1/2 cup) containers
- Hand held mini broom & dustpan
- Hot stones
- Crock pot
- Thermometer
- Fitted sheets
- Flat sheets
- Blankets
- Bath robe
- Facial wrap/sarong
- Towels

Equipment & Materials for Creative Makeup

- Cleanser
- Toner
- Moisturizer

- Wrap/sarong
- Robe
- Headband

Competitors will be required to use the material and equipment provided by SCC. If it is not on either list, supplies/products supplied by SCC or supplies/products supplied by competitor, it will be removed from the skill area.

4.2 Equipment and Materials provided by the competitor

General Equipment & Materials

- Tray to carry dispensed products from back bar to work area
- Facial protective masks
- Hand sanitizer
- Spray bottle of 70% alcohol
- Small reusable stainless steel dispensing cups or palette for all treatments
- Dispensing spatulas
- Digital timer (see website for examples of approved timer)

Equipment & Materials for Advanced Facial

- Small reusable stainless steel dispensing cups or palette for all treatments
- Dispensing spatulas
- Tray to carry dispensed products from back bar to work area

Equipment & Materials for Manicure

- Cuticle nippers
- Metal pusher
- Nail clippers
- Small stainless-steel cups and or mixing palette for nail art section
- Tweezers

Equipment & Materials for Body Therapy Treatment

- Small reusable stainless steel dispensing cups or palette for all treatments
- Dispensing spatulas
- Tray to carry dispensed products from back bar to work area

Equipment & Materials for Creative Makeup

- All makeup/art mediums to complete Galaxy makeup look
- All tools required to complete Galaxy makeup look (no airbrush)
- Makeup palette for dispensing
- Disposable mascara wands
- Disposable lipstick applicators
- Eyelash curler
- Sharpener
- Tweezers
- Strip lashes (any colour)/lash glue
- Hair clips to keep hair off face
- Head accessories to complete look

4.2.1 Toolbox Guidelines

One of the objectives of SCC is the sustainability of the competition. As a result, the toolbox brought by competitors will be restricted to the following maximum specifications:

The competitor toolbox must not exceed a carry-on size suitcase. There is no exception to this rule. If the competitor toolbox is larger than what is indicated, the competitor with the guidance of the NTC, will need to remove items from the toolbox and those items will not be used during the competition. All tools must fit inside one toolbox. Tools outside of a toolbox will not be permitted.

4.3 Required clothing provided by the competitor

- Black scrub uniform (see sample below). NO leggings.
- Black non-slip flat or low heel, professional closed toed shoes (can have laces)
- Black socks must be worn
- No jewelry.
- Hair must be tidy and tied back and off the collar and face
- Competitor must have short, polish free manicured nails.



5 HEALTH AND SAFETY

5.1 Safety program

SCC has implemented a comprehensive safety program as health and safety is an integral part of our competitions. Our safety program includes guidelines and procedures to make the work environment in each skill area safer.

5.1.1 Safety manual

As part of our program a safety manual has been created to monitor and document health and safety within each skill area. It includes a definite plan of action designed to prevent accidents. The safety manual will be provided for every skill and these instructions must be followed and respected by all participants and officials at the SCNC.

5.1.2 Safety workshop

During orientation, competitors will participate in a safety workshop and they will be expected to work and maintain a safe working area during the competition. Any competitor breaking any health, safety, and environmental rules, may be required to undertake a second safety workshop, this will not affect the competitor's competition time.

5.2 List of required personal protective equipment (PPE) provided by Skills/Compétences Canada

- Non latex gloves
- Non latex finger cots

NOTE: Competitors who do not have the required protective equipment will not be allowed to participate in the competition

5.3 List of required personal protective equipment (PPE) provided by the competitor

- Facial protective covering mask
- Competitors will follow PPE regulations/guidelines as per their own province requirements
- Proper footwear, as per section 4.3

NOTE: Competitors who do not have the required protective equipment will not be allowed to participate in the competition

6 ASSESSMENT

6.1 Point breakdown

NOTE: This list is subject to change.

TASKS	/100
Advanced Facial	30
Body Therapy Treatment	30
Manicure	20
Creative Makeup	20

7 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the competition rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during the competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
Use of technology, personal laptops, tablets and mobile phones	If contest becomes virtual, audio must be left on at all times
Tools/Infrastructure	Competitors must receive approval from the National Technical Committee to bring any other equipment or material that is not listed on Please contact the Skills/ Compétences Canada national secretariat for written approval.

7.1 Ties

- Tiebreaker #1: In the event of a tie, the candidate with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie still remains, the competitor with the highest score in the Creative Makeup criteria will be declared the winner.

7.2 Test Project change at the competition

Where the Test Project has been circulated to competitors in advance, NTC (National Technical Committee) members can change a maximum of 30% of the work content. Please refer to the competition rules (Refer to 8.4).

7.3 Competition rules

Refer to the competition rules of the Skills Canada National Competition which can be found on our website.

8 ADDITIONAL INFORMATION

8.1 Interpreter

If a competitor requires the help of an interpreter once onsite during the competition, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of 1month prior to the competition or this service may not be guaranteed.

9 NATIONAL TECHNICAL COMMITTEE MEMBERS

MEMBER ORGANIZATION	NAME
Prince Edward Island	Stephanie Mitsuk – Chair
Nova Scotia	Judy Antonello
Quebec	Maryse Bureau
Ontario	Gwen Bennet
Manitoba	Brenda Richer
Saskatchewan	Leanne Brown
Alberta	Kaitlyn Green – Co-Chair
British Columbia	Louise Dannhauer
Yukon	Ammanda Partridge

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Nathalie Maisonneuve (nathaliem@skillscanada.com).