

Health and Safety Plan

Job Skill Demonstration

SECONDARY



INTRODUCTION

Competitors must follow the current health and safety standards of the Province of Ontario https://www.ontario.ca/page/occupational-health-and-safety-act-ohsa ensuring that all health and safety requirements are in compliance for their demonstration in 2026. All competitors are encouraged to discuss safety considerations throughout their demonstration.

Competitors must provide a detailed Health and Safety Plan with a description of the demonstration, along with internet links to Safety Data Sheet (SDS) if applicable. Competitors must identify the skills being demonstrated and their connection to the specific contest area (see section 2.2).

For information on Safety Data Sheets, please see https://www.ccohs.ca/oshanswers/chemicals/whmis ghs/sds.html

This version of the safety plan is for reference only submission of Safety Plans must be made via the Google form https://forms.gle/4AF7PUqbmQGf7s996 by Friday, May 15, 2026.

Any questions can be sent to jobskillsdemo84@gmail.com. Competitors will not be allowed to compete unless they have submitted a Safety Plan.

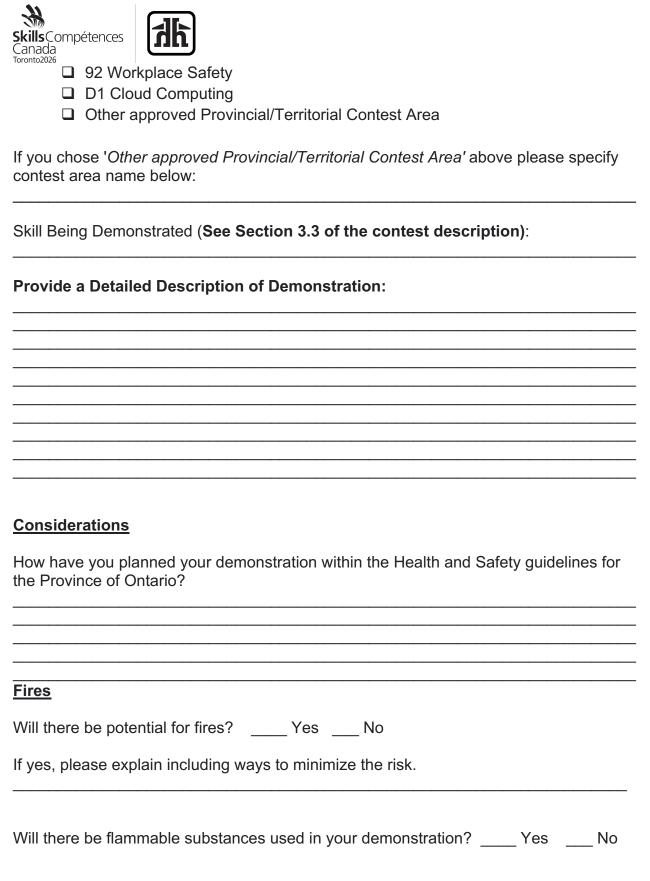
Email of Competitor:	
Name of Competitor:	
Name of Province or Territory R	epresented:
Email of Competitor:	
Name of Teacher/ Mentor:	
Email of Teacher/ Mentor:	
Phone Number of Teacher/ Men	tor:
Contest Area Represented (see 01 Industrial Mechanic 03 Precision Machinin 04 Mechatronics 05 Mechanical Engine	g

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ш	06 CNC Wachining
	08 IT Office Software Applications
	10 Welding
	13 Autobody Repair
	14 Aerospace Technology
	15 Plumbing
	16 Electronics
	17 Web Technologies
	18 Electrical Installations
	19 Industrial Control
	20 Bricklaying
	23 Mobile Robotics
	24 Cabinetmaking
	26 Carpentry
	29 Hairstyling
	30 Aesthetics
	31 Fashion Technology
	32 Baking
	33 Automobile Technology
	34 Cooking
	36 Car Painting
	37 Landscape Gardening
	38 Refrigeration and Air Conditioning
	39 IT Network Systems Administration
	40 Graphic Design Technology
	43 Sheet Metal Work
	49 Heavy Vehicle Technology
	50 3D Digital Game Art
	3, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,
	53 Outdoor Power and Recreation Equipment
	54 Photography
	55 Sprinkler Fitter
	81 Steamfitter/Pipefitter
	82 Video Production
	85 Public Speaking
	87 3D Character Computer Animation
	88 2D Character Computer Animation

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Are you planning to carry out hotwork, i.e. welding, grinding, etc. in your demonstration? Yes No
If yes, please explain.
Slips and Trips
Will your work be designed to minimize slips and trips?YesNo
If yes, please explain.
Are there arrangements to clean up spills? Yes No
Will the competitors, models or assistants be wearing appropriate footwear? Yes No
<u>Ergonomics</u>
Are there any ergonomic considerations? Yes No
If yes, please explain.
Biological
Are there considerations around sanitation and/or cross contamination? Yes No
If yes, please explain.
PPE and Hazards Will any activities require competitors, models or assistants to wear personal protective
equipment? Yes No

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If yes, please explain the personal protective equipment required. If yes, will there be adequate personal protective equipment available? ____ No ___ N/A Have any hazardous substances been identified in your demonstration? Yes No If yes, please provide the name and internet links to Safety Data Sheets for any hazardous substances identified. Will suitable measures be in place for the handling of hazardous substances? Yes No If yes, please explain. Check any of the following that will be included in your demonstration: ☐ Electrical equipment or power supply Overhead hazards ☐ Airborne contaminants (i.e. dust, fumes, or vapors) ■ N/A If you checked any of these options what is your plan for minimizing risk? Are there any other safety equipment, materials, or clothing required (not included in Section 4.1 of the contest description) for your demonstration? If yes, please list. If yes, will you be bringing these items with you? Yes No Are there other health and/or safety risks in your demonstration that may not have been covered in this document? ____Yes ____No

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	ave Safety Yes	v Data Sheet/s (SDS) _No	to accompar	າy your Health	and Safety
If yes, ple	ase list.				



