Skills Compétences Canada











CONTEST DESCRIPTION
30 - Aesthetics

POST-SECONDARY

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1 THE SKILLS FOR SUCCESS FOR CAREERS IN THE SKILLED TRADES AND TECHNOLOGY

The Government of Canada has updated the previous Essential Skills framework to the new Skills for Success model in response to the evolving labour market and changing skill requirements. This model outlines nine fundamental skills Canadians need to thrive in work, education, training, and daily life.

Skills/Compétences Canada aims to highlight the importance of these skills, vital for success in trade and technology careers. Competitors can see how Skills for Success are integrated into contest descriptions, projects, and project documents. Recognizing these skills during the competition helps competitors match tasks with specific skills necessary for success and understand how these skills apply within their trade or technology programs and future careers.

The nine key Skills for Success, validated for workplace success, are:

1. Numeracy
2. Communication
3. Collaboration
4. Adaptability
5. Reading
6. Writing
7. Problem Solving
8. Creativity and Innovation
9. Digital

These Skills for Success are detailed in sections 2.4 and/or 3.2 (to be completed by SCC) of your Contest Description and, if relevant, in your Project and supporting documents.

2 CONTEST INTRODUCTION

2.1 Description of the associated work role(s) or occupation(s)

https://www.skillscompetencescanada.com/en/skill_area/aesthetics/

2.2 Purpose of the Challenge

This competition aims to showcase and elevate the skills, creativity, and professionalism of aestheticians. It provides a platform for participants to demonstrate their expertise in various beauty treatments and techniques, such as facials, manicures, body treatments and makeup, fostering a spirit of excellence and innovation within the industry. Through rigorous assessment by industry experts, these competitions not only celebrate outstanding talent but also set high standards, inspire continued education,

and highlight emerging trends. Ultimately, they contribute to the advancement and recognition of the beauty therapy profession while demonstrating professionalism and complying with occupational health and safety.

2.3 Duration of contest
12 Hours

2.4 Skills and Knowledge to be tested

Advanced Facial[2,4,7]
Facial Competition Scope
Sponsor – Esse provided by L'Moor & Refectocil provided by L'Moor

Competitors begin by reviewing the model's health history to record and discuss any contraindications. The facial includes cleansing, exfoliation, skin analysis, and a facial massage using classic Swedish massage movements (effleurage, petrissage, tapotement, friction). A masque is applied, followed by a hand and arm massage while the masque processes. Esse Protect Oil is then infused using the BT Micro, followed by toner and moisturizer.

After the facial, competitors then perform a brow lamination and tint using the designated product line (Refectocil- L'Moor. Tint shade selection must complement the model's natural skin tone and hair colour, and both application and processing times must follow the manufacturer's directions. The service concludes with aftercare instructions.

Manicure[2,7,8]
Manicure Competition Scope
Sponsor - Light Elegance provided by L'Moor

Competitors will complete a French polish dry manicure with a nail art design on a live model using the sponsor's products. They will demonstrate proper technique in clipping, filing (if required), cuticle work, and buffing of natural nails. Competitors will then size, fit, and apply square full-coverage nail tips to the live model's nails using nail bonder. Once applied, the tips will be reshaped from square to almond. Competitors must duplicate the French design and nail art shown in the photo on the Skills Compétences website. Gel polish will be used for all applications, and corrections are permitted. The French design and nail art must be completed freehand using only the tools approved on the provided list, while demonstrating professional application techniques, precision, and attention to detail.

Body Therapy Treatment[2,6]

Body Therapy Treatment Competition Scope
Sponsor – Moor Spa provided by L'Moor

The competitor will perform a complete full body treatment and will review the model's health history to confirm the suitability of the service. The treatment includes a full body salt glow exfoliation, a gel mud wrap application, and a scalp massage using jade combs while the wrap processes. Finishing products are applied, and the competitor performs a relaxing back massage using a variety of massage movements (such as effleurage, petrissage, and tapotement). The service concludes with aftercare instructions.

Makeup[7,8]

Makeup Competition Scope
Sponsor – Makeup Forever for the Glam Portion

In this Glam Evening Makeup Competition, competitors will create a polished, red-carpet-ready look featuring a dramatic smokey, winged eye and a flawless complexion. The glam makeup must be completed using the sponsor-provided foundations and concealers from Esse products; competitors will complete the glam look using makeup from their own kit.

Competitors will then build upon their glam look to create a Japanese-inspired artistic design on the client's décolleté only, drawing influence from national symbols (such as cherry blossoms, cranes, or waves), architectural motifs (temple lines, lattice patterns, curved rooftops), and design principles of harmony, balance, and refined detail. All inspiration must be expressed respectfully and artistically, without reproducing or imitating traditional, cultural, or ceremonial Japanese makeup or attire.

The creative make-up must be completed using makeup and professional tools **brought by the competitor**. Airbrush techniques are not permitted.

Each competitor must also prepare a vision board prior to the competition that illustrates their inspiration and concept for the Japanese-influenced makeup design. The vision board must be set up on display at the competitor's station. Refer to Section 4.2.1 of the Contest Description for detailed vision board requirements.

Skills for Success – [2]Communication, [4]Adaptability, [6]Writing, [7]Problem Solving, [8]Creativity & Innovation

3 CONTEST DESCRIPTION

3.1 List of documents produced and timeline for when competitors have access to the documents on the Skills/Compétences Canada website.

DOCUMENT	DATE OF DISTRIBUTION

Project	December 2026
Videos and Instructions	December 2026
Release, consultation and analysis forms	December 2026
Sponsor product supply lists	February 2027

4 EQUIPMENT, MATERIAL, CLOTHING

4.1 Equipment and material provided by Skills/Compétences Canada
Dry stock supplies will be provided for each competition as part of the event's commitment to sustainability. Competitors are expected to work efficiently with the materials provided. **Please refer to the Project for detailed information on the quantity and type of supplies available for your specific competition.**

General Equipment & Materials

- Chairs with backs
- Makeup chairs (directors chairs)
- Water dispenser
- Disposable water cups
- Step stools
- Hot towel cabby
- Small garbage cans
- Disinfecting wipes
- Kleenex
- Hand soap
- Paper towels
- Hand sanitizer
- Clipboards
- Pens/Pencils
- Electronic timers (x2)
- Cotton rounds
- Towels (see project test requirements for number of towels allowed in each competition)
- Non-latex gloves (various sizes)
- Q-Tips
- Disposable towels
- Basket for model clothing
- Disinfectant wipes
- Consultation forms for all services (copies must be clean and free of notes)

Equipment & Materials for Advanced Facial

- Facial products (Esse provided by L;Moor)

- Lash & Brow products (Reflectocil provided by L'Moor)
- Plastic wrap
- BT Micro
- Dappen dishes (x4)
- Tint applicators
- Facial bed
- Trolleys
- Magnifying lamps (TBD)
- Facial wrap/sarong
- Bath robe
- Slippers
- Headbands
- Stainless steel bowls (small one for water & larger one for wet towels)
- Sheets
- Esse Facial Towel
- Blanket
- 4x4 Facial gauze (see project test requirements for number of gauze allowed in each competition)

Equipment & Materials for Manicure

- Manicure products (Light Elegance provided by L'Moor)
- Polish remover/acetone
- Nail dehydrator
- File for artificial nail
- File for natural nail
- Cuticle remover
- Cuticle oil
- Base coat (gel polish)
- Top coat (gel polish)
- Black gel polish
- Nude gel polish
- Gold glitter gel polish
- Fine detail nail art brush
- Striper brush
- Full coverage, short square artificial nail tips
- Nail bonder
- LED lamps
- Manicure tables
- Manicure table lamps
- Orangewood sticks
- Mini buffer

- Lint free nail wipes

Equipment & Materials for Body Therapy Treatment

- Body Therapy Treatment Products (Moor Spa provided by L'Moor)
- Salt glow
- Complete Oil
- Gel mud mask
- Body Lotion
- Massage oil
- Tension Balm
- Plastic sheet
- Mylar sheet
- Jade combs
- Facial wrap/sarong
- Bath robe
- Blanket
- Slippers
- 1 large towels
- 8 Small towels
- Sheets (x3)
- Rubber bowl
- Small bowl
- Tongue depressors
- Gloves

Equipment & Materials for Creative Makeup

- Makeup Foundation and concealer back bar products by Esse
- Facial sarong/wraps
- Facial robe
- Headbands

COMPETITORS WILL BE REQUIRED TO USE THE MATERIAL AND EQUIPMENT PROVIDED BY SCC. ALL OTHER MATERIAL AND EQUIPMENT WILL BE REMOVED FROM THE SKILL AREA.

4.2 Equipment and material provided by the competitor.

General Equipment & Materials

- Tray to carry dispensed products from back bar to work area
- Facial protective masks
- Hand sanitizer
- Spray bottle of 70% alcohol

- Small **reusable** (disposable not permitted) dispensing cups or palette for all treatments (you to determine number needed)
- Dispensing spatulas
- Mixing spatulas

Equipment & Materials for Advanced Facial

- Digital timer for lash & brow treatment (see approved timers on Skills Compétences Canada website & refer to 7 in Contest Description for rules regarding personal timers)
- Hook neck water bottle

Equipment & Materials for Manicure

- Cuticle nippers
- Metal pusher
- Nail clippers
- Palette for nail art

Equipment & Materials for Body Therapy Treatment

- Digital time (see approved timers on Skills Compétences Canada website & refer to 7 in Contest Description for rules regarding personal timers)

Equipment & Materials for Creative Makeup

- All makeup/art mediums needed to create your creative look (no airbrush permitted)
- All Makeup to complete the glam look (foundation, concealers will be provided)
- Makeup palette for dispensing
- Disposable mascara wands
- Disposable lipstick applicators
- Dispensing spatulas
- Eyelash curler
- Sharpener
- Tweezers
- Strip lashes
- Scissors
- Lash glue
- Hair clips to keep hair off face
- Small mirror
- Vision Board with easel to display (see below 4.2.1)

4.2.1 Vision Board

The vision board for the Creative Makeup category will be a 12"x16" canvas-style board, displayed on an easel for easy viewing. It should feature a collage of inspirational images and visual references that capture the essence of the competitor's Japanese artistic-inspired makeup design. These may include photographs, textures, patterns, architecture, flora, fauna, or traditional art elements that have influenced the concept—while maintaining cultural respect and avoiding direct imitation. The layout should be visually cohesive and thoughtfully arranged, reflecting the colour palette, mood, and overall creative direction of the upcoming makeup. Accompanying the board, 2–4 sentences must clearly describe the artist's vision and how these inspirations translate into their final makeup look, helping judges understand the creative process and story behind the design.

4.2.2 Toolboxes Guidelines

One of the objectives of SCC is the sustainability of the Competition. As a result, the toolboxes brought by Competitors will be restricted to the following maximum specifications.
The Competitor toolbox must not exceed the size of a standard **carry-on suitcase (22"x14"x9", 56x36x23cm).** There is no exception to this rule. **ALL** equipment & materials that the competitor is expected to bring must fit in the carry-on suitcase, including the creative makeup vision board. If the competitor toolbox is larger than what is indicated, the competitor, with the guidance of the NTC, will need to remove items from the toolbox and those items will not be used during the competition. All tools must fit inside one toolbox. Equipment & materials outside of the toolbox will not be permitted.

4.2.3 Required clothing provided by the competitor.

- Black scrub uniform (see sample below). NO leggings permitted.
- Black non-slip flat or low-heel, professional, closed toed shoes (can have laces).
- Black socks must be worn.
- No jewelry.
- Hair must be tidy and tied back off the collar and face.
- Competitor must have short, polish free, manicured nails.



5 HEALTH AND SAFETY

5.1 Safety program

SCC has implemented a comprehensive safety program as health and safety is an integral part of our competitions. Our safety program includes guidelines and procedures to make the work environment in each skill area safer.

5.1.1 Safety manual

As part of our program a safety manual has been created to monitor and document health and safety within each skill area. It includes a definite plan of action designed to prevent accidents. The safety manual will be provided for every skill and these instructions must be followed and respected by all participants and officials at the SCNC.

5.1.2 Safety workshop

During orientation, Competitors will participate in a Safety workshop, and they will be expected to work and maintain a safe working area during the competition. Any Competitor breaking any health, safety, and environmental rules, may be required to undertake a second safety workshop; this will not affect the Competitor's competition time.

5.2 List of required personal protective equipment (PPE) provided by Skills/Compétences Canada

- Non latex gloves (various sizes)

5.3 List of required personal protective equipment (PPE) provided by the competitor.

- Facial protective covering mask
- Proper footwear, as per section 4.2.3
- Competitors will follow PPE regulations/guidelines as per their own provincial requirements

Note: Competitors who do not have the required protective equipment will not be allowed to participate in the competition

6 ASSESSMENT

6.3 Point breakdown

Note: This list is subject to change.

TASKS	/100
Advanced Facial	30
Body Therapy Treatment	30
Manicure	20
Creative Makeup	20

7 CONTEST SPECIFIC RULES

Contest specific rules cannot contradict or take priority over the Competition Rules. They do provide specific details and clarity in areas that may vary from contest to contest. Any additional contest rules will be reviewed during the competitor orientation.

TOPIC/TASK	CONTEST SPECIFIC RULE
Use of technology, personal laptops, tablets and mobile phones	If contest becomes virtual, audio must be always left on
Use of digital timers at competitor station	Competitors are permitted to use their own personal digital timers at their stations; however, all timers must be capable of being muted or silenced. Competitors should refer to the approved digital timer document available on the Skills Compétences Canada website for guidance. The official competition time will be monitored and controlled by the NTC committee. Each competition

	group (Group A and Group B) will have its own official clock operated by the NTC committee. NTC members will call out time reminders during the competition and will respond to any competitor who requests a time check. Please note that the NTC official clock is the only recognized and binding time source. No discretion or adjustments will be made based on personal timers.
Tools/infrastructure	Competitors must receive approval from the National Technical Committee to bring any other equipment or material that is not listed in sections 4.1 and 4.2. Please contact the Skills Compétences Canada national secretariat for written approval.

8 ADDITIONAL INFORMATION

8.1 Interpreter

If a competitor requires the help of an interpreter once onsite during the competition, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of **1 month** prior to the competition or this service may not be guaranteed.

8.2 Ties

- Tiebreaker #1: In the event of a tie, the competitor with the highest score in the Advanced Facial criteria will be declared the winner.
- Tiebreaker #2: In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.
- Tiebreaker #3: If a tie remains, the competitor with the highest score in the Manicure criteria will be declared the winner.

8.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

8.4 Competition rules

Refer to the competition rules of the Skills Canada National Competition which can be found on our website.

NATIONAL TECHNICAL COMMITTEE MEMBERS

MEMBER ORGANIZATION	NAME
Newfoundland and Labrador	
Prince Edward Island	Stephanie Mitsuk
Nova Scotia	Judy Antonello
New Brunswick	
Quebec	Maryse Bureau Co-Chair
Ontario	Gwen Bennet Chair
Manitoba	Anna McGregor
Saskatchewan	Leanne Brown
Alberta	Kaitlyn Green
British Columbia	Louise Dannhauer
Yukon	Ammanda Partridge
Northwest Territory	
Nunavut	

Contact the Skills/Compétences Canada national secretariat for any questions or concerns: Olga Malvine Rwemera (olgamr@skillscanada.com).