

Common Table Items

34 - Cooking - Post-Secondary

PRODUCE - VEGETABLES	PRODUCE - FRUIT
Asparagus, Green	Apple, Granny Smith
Bean, Fine Green (French)	Apple, Royal Gala
Beet, Baby Red, Stem on	Kiwi
Carrots	Lemons
Cauliflower	Limes
Celeriac (Celery Root)	Mango
Celery	Oranges
Fennel, Bulb	Passion Fruit
Garlic, Bulb	Pear, Bosc
Ginger Root	Pineapple, Golden
Leeks	Raspberries
Mushrooms, Shiitake	Strawberries
Mushrooms, White Button	DAIRY
Onion, Yellow Colossal	Butter - unsalted
Peppers, Red	Cheese - Grana Padano
Peppers, Yellow	Cream - 35%
Peppers, Green	Eggs - large
Potato, Russet 100ct	Milk - 2%
Potato, Sweet	Sour Cream - 14%
Potato, Yukon Gold "A"	ALCOHOL
Shallots, Peeled	Beer, Wheat (Blanche de Chamblay)
Spinach, Baby	Beer, Wheat (Hogarten)
Snow Peas	Beer, Wheat (Erdinger)
Tomato, Cherry	Grand Marnier
PROTEIN & STOCKS	Maderia
Bacon - Double Smoked - Slab	Whiskey, Maple Syrup
Stock, White Chicken	Port, Ruby
Stock, Brown Veal	Rum, Dark
FROZEN ITEMS	Vermouth, Dry White
Pastry, Filo	Wine, Red, Cabernet Sauvignon
Pastry, Puff	Wine, Red, Merlot
Wonton Skins	Wine, White, Chardonnay
	Wine, White, Riesling

HERBS - FRESH	DRY GOODS
Basil	Agar Agar
Chives	Baking powder
Cilantro	Bean, Garbanzo, Cooked
Lemon Grass	Bean, Navy, Soaked Overnight
Mint	Chocolate, Bittersweet
Oregano	Chocolate, Milk
Parsley	Chocolate, White
Assorted Sprouts	Chocolate, Dark, Coating
Tarragon	Chocolate, White, Coating
Thyme	Cocoa Powder
SPICES - DRY	Coconut, Grated, sweetened
Bay leaves	Mustard, Dijon
Cinnamon, Ground	Flour, Semolina
Cinnamon, Stick	Flour, Baking (Strong)
Curry Powder	Gelatine - Leaves & Powder
Nutmeg, whole	Glucose
Onion Powder	Honey
Oregano, Dried	Maple Syrup
Paprika	Nut, Almond Ground
Pepper - Cayenne	Nut, Pistachio Paste
Peppercorns - White	Nut, Walnut Halves
Peppercorns - Black	Oil, Canola
Salt, Kosher	Quinoa
Salt, Maldon Sea	Rice, Long Grain
Thyme	Rice, Wild
Turmeric	Sesame Seed, White
Wasabi, Dry, Powder	Soya Sauce, Kikkoman
MISCELLANEOUS	Sugar, Brown
Bread, White Sliced	Sugar, Castor
Butcher's twine	Sugar, Icing
Cheesecloth	Tabasco
Oak Wood Chips for Smoking	Tomato Paste
Yeast, fresh	Vanilla, Bean
	Vanilla, Pure
	Vinegar, White
	Vinegar, Balsamic
	Vinegar, Cider
	Worcestershire Sauce
	Xanthan Gum 93

Mystery Items

Possible

Selections

Mystery Items - Soup

Broccoli

Parsnip

Tomatoes, Roma

Mystery Items - Main Course

Guinea Fowl, Whole (1.2-1.4 kg)

Chicken, Whole (1.2-1.4 kg)

Duck, Whole (1.8 - 2.3 kg)

Mystery Items - Dessert Puree

Mango Puree

Raspberry Puree

Strawberry Puree

Canada 