



CONTEST DESCRIPTION
DESCRIPTION DE CONCOURS

AESTHETICS ESTHÉTIQUE

POST-SECONDARY
NIVEAU POSTSECONDAIRE

CONTINUOUS LEARNING



FORMATION CONTINUE

DIGITAL



COMPÉTENCES NUMÉRIQUES

DOCUMENT USE



UTILISATION DE DOCUMENTS

NUMERACY



CALCUL

ORAL COMMUNICATION



COMMUNICATION ORALE

READING TEXT



LECTURE

WORKING WITH OTHERS



TRAVAIL D'ÉQUIPE

WRITING



RÉDACTION

THINKING



CAPACITÉ DE RAISONNEMENT

1. The Importance of Essential Skills for Careers in the Skilled Trades and Technology

SCC is currently working with Employment and Social Development Canada (ESDC) in order to bring awareness to the importance of Essential Skills that are absolutely crucial for success in the workforce. Part of this ongoing initiative requires the integration and identification of Essential Skills in contest descriptions, projects, and project documents. The next phase and very important aspect of our Essential Skills (ES) initiative is to provide an ES report card to each competitor at the Skills Canada National Competition. The purpose of the ES report card is to inform the competitor about their current level of essential skills based on their competition scores. With this knowledge, the competitor will be made aware which essential skill may require improvement. This will be piloted in a number of areas for 2016 with full implementation in the 2017 Skills Canada National Competition.

This is part of a new initiative that requires the integration and identification of Essential Skills in contest area descriptions and competition scopes. Essential skills are used in nearly every job and at different levels of complexity. They provide the foundation for learning all other skills and enable people to evolve with their jobs and adapt to workplace change. Good Essential Skills means you will understand and remember concepts introduced in technical training. The level of Essential Skills required for most trades is as high or higher than it is for many office jobs. The following 9 skills have been identified and validated as key essential skills for the workplace:

¹Numeracy, ²Oral Communication, ³Working with Others, ⁴Continuous Learning, ⁵Reading Text, ⁶Writing, ⁷Thinking, ⁸Document Use, ⁹Digital

These essential skills have been identified in section 2.3 and/or 3.2 of your Contest Description.

2. CONTEST INTRODUCTION

2.1 Purpose of the Challenge.

The principal function of an aesthetician is to give beauty care to persons with the main purpose of improving their appearance as well as giving the people a physical and psychological well being. By general means, the essential part of this work is to treat different parts of the body including specific care to facial skin, specific care for the hands, specific care of the body, and the application of makeup, while demonstrating professionalism and complying with occupational health and safety.

2.2 Duration of contest.

12 hours

2.3 Skills and Knowledge to be tested.

- **Advanced Facial**
The competitor will demonstrate a specific care facial using the Sponsor's products and machines¹
- **Paraffin manicure with nail art**
The competitor will demonstrate a Paraffin manicure using Sponsor's products and will duplicate the nail art.
- **Specific Care Body Therapy Treatment**
The competitor will demonstrate knowledge and understanding of a body treatment including exfoliation, wrap and Swedish massage⁷
- **Creative Make – up**
The competitor will duplicate the evening look posted on the web site and the creative Make-Up Design and display their vision board

Essential Skills – ⁵Reading, ²Oral Communication ⁷Thinking (Problem solving, Job task planning and Organizing)

3. CONTEST DESCRIPTION

3.1 List of documents produced and timeline for when competitors have access to the documents.

DOCUMENT	DATE OF DISTRIBUTION VIA WEBSITE
Project	January, 2016
Manicure nail art design	January, 2016
Product list for all product supplied	January, 2016
Make up Design	January, 2016

3.2 Tasks that will be performed during the contest:

Paraffin Manicure with Nail Art

- Objectives: Perform a Paraffin manicure which includes, nail and cuticle work, hand exfoliation arm and hand massage, application of base, top coat and polish followed by the application of the posted nail art (in the project). The nail art is to be applied to all ten fingers. No colour bleeding and no corrections during the application.

Note: Nail art must be free hand using only the nail art brushes and dotter supplied by the Sponsor. Decals polish with built in striper brush, corrector pens, guideline tape, or any other tool will not be allowed. Nail art brushes may not be adjusted in any way.

Body Therapy Treatment

- Objectives: To perform a body treatment that includes exfoliation wrap and a 45 minute Swedish massage.

Creative Make Up

- Objectives: Duplicate, the makeup look as posted (in the project). The makeup should be applied as an exact duplicate according to the picture provided. Artificial lashes must be applied to complete the look before the fantasy aspect is started. After the first judging, competitors will then continue with the duplication of the creative aspect presented to the competitors the day of the competition and their vision board displayed. A head piece (provided by competitor) should be applied to finish the look, but no marks will be awarded.

Advanced Facial with Electrotherapy

- Objectives: Perform an advanced facial treatment using electrotherapy that meets the needs of the client's skin. The skin must be analyzed, findings recorded on the provided technical chart and the facial must be based on that analysis. *This will be part of the essential skills component.

Note: It is the candidate's responsibility to prepare for the competition by becoming familiar with the products and machines (refer to 4.1) to be used during the competition.

4. EQUIPMENT, MATERIAL, CLOTHING

4.1 Equipment and material provided by Skills/Compétences Canada

- All equipment and apparatus for the treatments will be supplied by TBA
- All products for facial and back treatment supplied by Dermalogica Canada
- Makeup product supplied by Bodyography
- Nail products supplied by LCN
- Sponsor Educator Information
- Small garbage cans and bags
- Window cleaner
- Cleaning products
- Hand soap
- Paper towels
- Distilled water
- Makeup stools
- Aesthetics beds (chairs)
- Trolleys (3 shelves)
- Step stools

- Steamer
- Magnifying lamps
- Hot cabbie (for steamed hot towels)
- Paraffin Heater
- Manicure tables
- Chairs with back
- Manicure stools
- Bedding (Linens & Blankets)
- White Towels, (5) large and (29) Medium
- Fitted sheets (2) White
- Sheet flat (2) White
- Nail Art tools
- Gibson Towels
- UltraSonic machine

4.2 Equipment and material provided by the competitor

- Kleenex
- Tweezers
- 2 stainless steel bowls (for facial and body treatments)
- 1 flexi bowl
- Facial mask brushes
- Facial body brushes
- Black Apron for body wrap
- Hookneck water bottle or small water jug
- Measuring jug
- Q-tips
- Facial gown or wrap (2) white
- Facial robe (2) white
- Slippers (2) sets
- Head band (2) white
- Manicure implements for nail care: only cuticle nippers, nail cutter, nail scissors, emery boards, buffer, finger soaking bowl, orange stick, spatulas, steel pusher/ hoof stick and nail brush.
- Disposable Emery board for natural nails
- **Note:** Nails stones are not allowed
- Makeup brushes (all brushes applicators and hair clips)
- Makeup sponges.
- Scissors for lashes
- Make-up Palette to dispense make-up
- Hair clip or headband (for keeping model's hair secure during make up application, facial and body treatments)
- Long, black, make up drape for client with no visible logo (to the knee)

- Headpiece for creative make up
- Spatulas (for cream, mask, makeup products, body brush etc.)
- Dispensing bowls for all treatments
- Hand sanitizer and sanitizing agents for surfaces, tools and implements
- Facial sponges
- Gloves
- Finger cots
- Gauze
- Facial protective mask
- Plastic sheet for body wrap
- Foil sheet for body wrap
- Clipboard
- Pens and pencils
- Competitors must bring a copy of the Skill Description, Test Project and all other documents pertaining to the Aesthetics competition.
- Vision board

The National Technical Committee must approve other equipment and material.

4.3 Required clothing provided by competitor

- Uniform (see test project)
- Black non slip, flat or low heel, closed toed shoes with no laces
- Black socks must be worn
- No jewellery which may interfere with the task being performed or place the model or aesthetician at risk
- Hair must be tidy

5. SAFETY REQUIREMENTS

5.1 List of required personal protective equipment (PPE) provided by competitors and used as needed.

- Closed toed non slip shoes
- Protective mask
- Non latex gloves
- Finger cots

6. ASSESSMENT

6.1 Point breakdown

POINT BREAKDOWN	/100
Spa Manicure with nail art	20
Makeup	20
Body Therapy Treatment	30
Advanced Facial	30

7. ADDITIONAL INFORMATION

7.1 Consecutive translation

If consecutive translation is required on site, the Skills/Compétences Canada Provincial/Territorial offices must advise Skills/Compétences Canada National Secretariat a minimum of **1 month** prior to the competition or this service might not be guaranteed.

7.2 Tie (No ties are allowed)

In the event of a tie, the candidate with the highest score in the Advance Facial criteria will be declared the winner.

In the event of a second tie, the competitor with the highest score in the Body Therapy Treatment criteria will be declared the winner.

7.3 Test Project change at the Competition

Where the Test Project has been circulated to Competitors in advance, NTC shall change a maximum of 30% of the work content. Please refer to the Competition Rules.

7.4 Competition Rules

Please refer to the competition rules of the Skills Canada National Competition.

8 NATIONAL TECHNICAL COMMITTEE MEMBERS:

Member Organisation	Name	Email address
Manitoba	Lucie Laurin	
Ontario	Diana Boboti-Senis	
Québec	Maryse Bureau	
New Brunswick - Chair	Gisele Fougere	gfougere1213@rogers.com
Prince Edward Island	Devan Myers	
Newfoundland and Labrador	Debbie Banfield	
Alberta	Audrey Brown	
Nova Scotia	Jane Stronach	
Saskatchewan	Siobhan Loos	